

# Loomis Chaffee Log

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## PARENTS WEEKEND!

Welcome (back) to the Island!



THE ONE AND ONLY JULIA SONG '15 FOR THE LOOMIS CHAFFEE LOG

## COFFEE DELIVERY: How "Jazz Art Java" is Redefining the Café

ISABELLA EPSTEIN '16  
Features Editor

Every Loomis student knows that the key to survival and success, other than studying and sleep, is caffeine. For some reason or another, and I know I speak for everyone when I say this, twenty-four hours in a day is simply not enough. Whether you have homework, sports, studying, or Netflix to catch up on, it seems impossible to accomplish everything on your to-do list. However, there isn't much any of us can do about it, therefore, we must resort to other

methods to attain energy. Luckily, the creators of this cherished educational institution knew that lack of sleep would be a common trend for us scholarly folks, and so generously provided us with the SNUG, a place where our student body congregates to grab some fuel. But, the lines in the SNUG are often unbearable and figuring out the right times to go can be tricky. So, I'm here to tell you of this revolutionary idea that could potentially change your life—coffee delivery.

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## After the Island: Pauline Chen '82

SAM COX '16  
News Editor

It would be hard to come by someone with the credentials and education that Pauline W. Chen, class of 1982, has acquired over the years. She is not only a surgeon, but also a published author and a member of the Board of Trustees.

After graduating from Loomis Chaffee in 1982, Dr. Chen attended Harvard University and Northwestern University's Feinberg School of Medicine. She completed her surgical training at Yale University, the National Cancer Institute (National Institutes of Health), and the University of California, Los Angeles,

where she eventually became a faculty member and was named the UCLA Outstanding Physician of the Year. She is author of the New York Times bestseller, *Final Exam: A Surgeon's Reflections on Mortality*. Currently, Dr. Chen sees patients in the VA Boston Healthcare System, and is very verbal about her

stance on the controversial topic of end of life treatment. She writes a regular column for The New York Times and lives with her husband and twin daughters in both Boston and Avignon, France.

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PHOTO COURTESY OF SYA

## Debating the Dress Code

SOPHIE KAPLAN '15  
Managing Editor

The discussion about dress code across the country is particularly unique because though the heated topic is ubiquitous, it is rarely discussed beyond the local level. As most people know, a dress code is a set of parameters, either written or implied, that clearly states what is and is not permitted for students, particularly for females, to wear during the school day. The definition includes commonplace guidelines (such as no leggings, thin straps, or denim) that we as students, familiar with the routine and embarrassing repercussions suffered by those who dared infract upon these rules during our awkward middle school

years, take great pains to follow. However, this being said, the dress code encroaches on the territory of being inherently sexist.

If you've ever been to a public school (again, particularly, if you happen to be of the female persuasion) you too remember the agitating and ridiculous mantra, "you can't wear [enter innocuous article of clothing here] because it's distracting for the boys." Now, if you're as familiar with this phrase as you are familiar with your dominant hand, this comes as no shock to you. But for those of you who've spent your lives at lovely sheltered private schools, I'm hoping you now take a pause. Think about it. I have to change my outfit, so anonymous boy X fo-

cus on his own school work rather than my alluring collarbone? Newsflash, the dark and dirty thoughts of anonymous boy X are not my concern; and the assertion that I'm somehow responsible for those thoughts and the accompanying distraction they provide astonishes me beyond all belief. Rather than teach boys to focus on understanding the quadratic equation while the ever present reality of my exposed shoulders looms in the background, girls are being taught through their adolescent years that the bodies they were born with are something to conceal and be ashamed of. As a girl, I must take pains to ensure the outwards indicators of my gender

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## Are You Ignorant?

CHERIE YIN '15  
Managing Editor

Answer these five questions:

- #1 What is Ebola?
- #2 What is ISIS?
- #3 Can you explain Ukraine/Crimea Issue?
- #4 What is happening in Scotland?
- #5 How is the current relationship between Hong Kong and Mainland China?

These questions are not easy, we know. However, if you cannot explain the questions, have you at least heard of them? Have you ever thought about looking these things up and find out what they are really about? Are you aware that The New York Times is distributed around campus? If you are, have you ever picked one

up and flipped through the pages?

Now you might be thinking "why is this important?" And you might be thinking that you are busy and you do not have time for any of these. You might be thinking that as a student at Loomis - on an "island" - you have ten thousand things to worry about, but maybe current events are not one of them--they're just too far away.

However, history teacher Rachel Engelke finds this statement untenable.

"Loomis has more diversity than any school in Hartford County and, along with Choate and Hotchkiss, is arguably among the three most diverse and internationally-minded schools in

the state of Connecticut. (By "diverse" I mean socio-economically, racially, ethnically, religiously, and geographically.) We also have some of the best technology available to us (computers galore, iPads, high-speed internet, etc.—our IT capabilities rival most colleges, in fact), we bring in outside speakers, and we routinely offer a wide variety of opportunities to sit down in small groups and discuss issues both related to life at Loomis and to what's happening outside—(PRISM, the Center for Global Studies, and the Norton Center for the Common Good come immediately to mind as forums that have sponsored such dialogues in recent years).

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## Editors' Picks

### Project 2020

Julia Song '15 discusses the new water filters that were set to become a part of every dorm as a part of the school's new "2020 Project". Check it out on page 5.

### Ordering

Are you a decent human being? Sam Cox '16 discusses proper food-ordering etiquette and the unkindness you may not realize you perpetuate...read more in the Writers' Melange!

### LCBD

The boys are taking back Acapella: Gloria Yi '17 reports on the newly founded Loomis Chaffee Bass Division, or LCBD, as they strive to create a "really chill environment" for this "really bro thing" (Tony Lee '15). Find out more on page 4.

### The Log Blog

Michael Carter '15 on behalf of the 2014-2015 Log Staff is proud to announce the unveiling of the newly designed Log Blog! Read more on Page 2 to find out why it's going to rock your world

If you see something, say something.

Have something you think needs to be written about? Tell us more at [log@loomis.org](mailto:log@loomis.org) or at [lclogblog.blogspot.com](http://lclogblog.blogspot.com)



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## Will America Go to War? ISIS and Why You Should Care

BY PHILIP CUI '15  
Business Manager

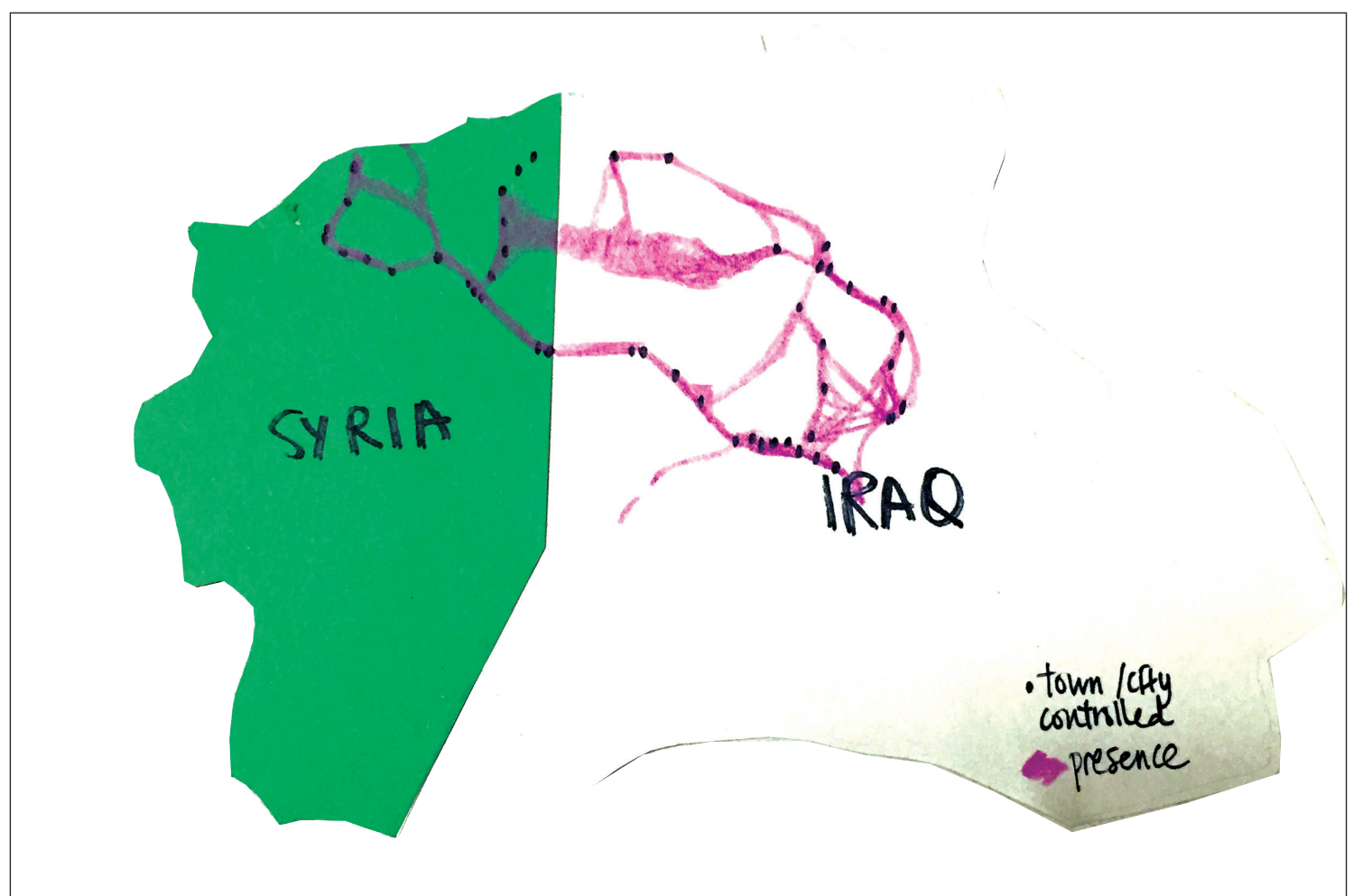
ISIS, or the Islamic State of Iraq and Syria, is an Al Qaeda splinter group aimed at consolidating control in both Syria and Iraq. They claim authority over the world's Muslim population, acting as a sort of an Islamic papacy with a Caliph at its head. Unlike other Al Qaeda, ISIS has engaged directly in trying to build a state with a stable source of funding in order to continue its brutal wars. Whereas Al Qaeda's focus is on bringing terror to other parts of the world to bring their message across, ISIS believes establishing a stable state is the way to eventually bringing the world under one Islamist government.

The Obama administration has already consulted Congress in its decision to provide humanitarian assistance for the victims in the region, conduct limited air strikes against key targets, and train opposition forces to better resist ISIS. However, the impending question still remains: will the United States go to war? Should the United States actually send in soldiers completely armed with tanks and an entire battle fleet? As expected, much of the world is looking at what response the United States will make. It all comes down to what the White House believes must be done.

This crisis puts the United States in a difficult position. America has always touted the benefits and justice of democracy and freedom, and took great lengths to prove its resolve. America's national interests could be at stake. The instability that ISIS brings is undoubtedly dangerous to the already explosive Middle East. Iraq, in its fragile condition, is essentially a failed state and could be set back for decades in development. Not to mention the various Human Rights abuses that this group has perpetrated, with upwards to more than 1000 civilian deaths. More disturbingly, they have initiated a genocidal campaign against the Kurdish Yazidi population. All this tells the world that America is either incompetent in finishing what it started, or that it is a nation of hypocrite imperialists; take your pick.

On the other hand, it would be complete nonsense to believe that the United States could simply commit its fearsome war machine towards another foe as if it was a bloodhound waiting to be unleashed. There is a reason the State Department exists, in order to use diplomacy to save as much blood and treasure as possible without losing face. The Iraq war alone cost \$1.1 trillion, while initial expectations was only \$100 billion. With the protracted nature to be expected of fighting any foe in the Middle East, any prediction of cost would be grossly underestimated. Cost factor

aside, the decision to go to war also carries much political baggage as well. The Obama administration is by nature reluctant to go to war. Not only has the Democratic Party always been the party of social service, but also the party of relative demilitarization. President Obama's campaign in 2008 promised to bring "a responsible end" to the war in Iraq, and did so at the end of 2011. Thus it would be highly inappropriate in a political context to call for another war. All this does not make the President a man of appeasement, as he has demonstrated his willingness



ANGEL FADILA '15 FOR THE LOOMIS CHAFFEE LOG

to use force in the Libyan intervention of 2011 and ongoing drone strikes in the Middle East. Yet his recent public statements have been seen as slightly more aggressive than what is expected. This is seen as a politically dangerous move, suggesting that the White House options are running out against the onslaught of foreign blunders and an extremely hostile Congress.

The United States will not, and should not, expand its operations in combating ISIS. We have all seen the end result of America's wars of intervention. Not only do they provide little in terms of world peace or freedom, but they also cripple the economy and make America the world's laughing stock. The only conceivable scenario where the United States will undoubtedly wage war toward ISIS is if it gets attacked domestically comparable to the scale of the September 11th attacks. No nation, however small or peaceful, can possibly stand such an offense if it is remotely responsible to its constituents. But ISIS is not fool, it would not want to invite such a conflict. Yet there are other ways the United States can safely maneuver out of this mess.

This is not a foe that can be pressured internationally nor can it be negotiated with. What is certain is that a vast majority of Muslims around the world have no intention of supporting this laughably extreme group of terrorist who claim to be the center of the Islamic world. But there is little we can do to speculate: as President Obama has put it, "This is going to be a long term project". We can only hope the flood gates will not open this time.

# The Log Blog

BY  
MICHAEL CARTER '15  
Editor-in-Chief

With the inevitable march of time and the slow, inexorable trampling of progress over our traditional tendencies towards bleached, ground-up tree sheets, the Loomis Chaffee Log has decided that yes, it's time. Time to move on. To explore new realms. To dive into the sprawling, strengthening monstrous being that has pervaded our lives and poisoned our minds. Yes—the Log is joining the Internet.

Just kidding. Kind of. We are joining the Internet, for sure; we're finally becoming a part of that vast, unexplainable entity that we spend so much of study hall inside. But, like, we're really excited about it. Like, we're really pumped. Here's why:

### 1. The LOG don't stop.

Easily the most frustrating part of working for the Log is that we can't ever report on current events like daily newspapers do—it takes four whole days just for the Log to go from .pdf file to paper, let alone for us to get article ideas created, writers found, hours and hours of layout executed, et cetera. So when big things happen on campus, we can't really get around to writing about it until about a week or two later. Lame-o. But with the Log Blog and the wonders of instant communication we've now got the power to get the good stuff to you, fast. We can report directly from the StuCo meeting. We can report directly from the sidelines. We can report directly from the audience. We can report from anywhere. Basically, one of the best parts of the Log Blog is that once our blog staff is fully up and running, we'll have 2-3 new posts each day, on everything from recent elections to upcoming events to whatever is going on. This way we can cover all that Loomis news that comes and goes way too fast for a biweekly paper.

### 2. Wait, did you say Blog Staff?

YEAH I DID! Coming along with the new Log Blog will be a couple of positions perfectly made to prepare you for the world of journalism—just gear up with your smartphone and a couple friends and go find out what's hopping. Actually though—as a Log Blog reporter you'll go around to a bunch of the happenings on campus, taking awesome pictures, typing up a 4-5 sentence descrip-

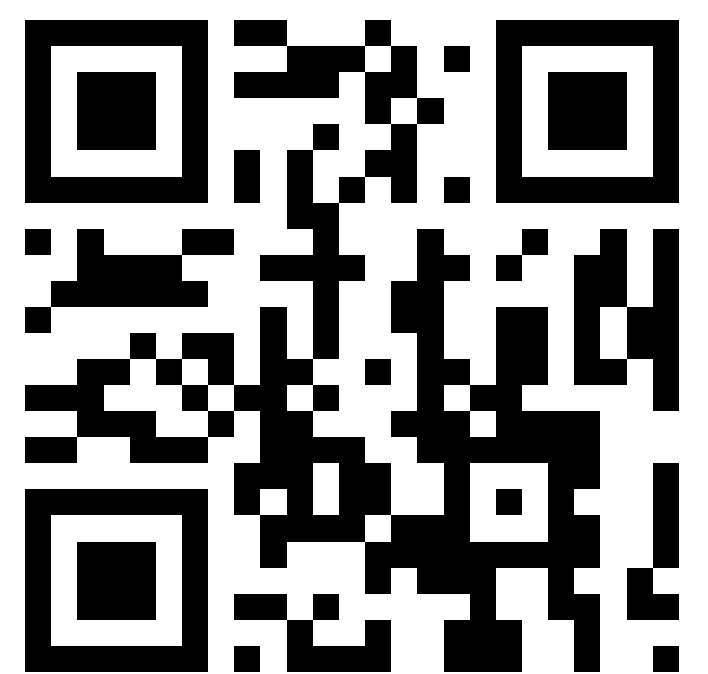
tion, and boom—your writing is in the Log. This way we not only get better coverage for all of the events that slip through the cracks around here (see point #1) but you get to put your name on it, too. And who knows? Maybe the Blog will be your gateway journalism, and before you know it you'll have a front-page opinions piece... anything's possible...

### 3. We're all in this together.

With the Log Blog up and running, we've got some more great news for you—we can get a whole lot of material up there. That means that not only do we get to report to you on StuCo and upcoming events and all sorts of deep stuff, but we also get to publish those post-victory sports team selfies, posts on how thrillingly awesome Family Style dinner was tonight, a who's who of who's got an art show up in the RAC, and so much more. While our classic paper will continue to grace campus every other week with the latest op-eds, news articles, and features—and don't forget the Mélange!—we'll be able to get all the little things that we all do that never get attention out to the public!

### 4. We're ALL in this together.

I guess I forgot to mention in my last point that not only do we get to write about all y'all, YOU get to write about all y'all! Blog posts are much better when they're short, sweet, and quite informal, too, so writing for the Log no longer has to be a daunting mountain to look up at with trepidation during a busy week—even though it's not that hard and really a lot of fun, but that's maybe my media bias...In any case, the Log Blog is open for anybody to submit their pictures and captions, or their quick news updates on the latest events, or their opinions on the latest rules and events, and, well, literally anything you want. We've got a couple of pages specifically for debating some of the most important issues on campus, with anonymous comment boards, too (though we can and will delete rudeness!), so if you've got something you just want to rant about, now you've got the place to do it. If there's one function of the LC Log Blog, it's that it serves to make the Log a more democratic paper—one that's more open to student thought and opinion, one that's designed to serve the community, and one that's actually really, really sick.



(Write for the Log!!!)  
(or the Log Blog!!!)  
(!!!)



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# After the Island: Interviews with Alumni

## Morals in Medicine: Pauline W. Chen '82

BY SAM COX '16  
News Editor

(continued from page 1)

1. So, what experiences or people from Loomis, whether that be a teacher or a friend or a class, inspired you to become a liver transplant and cancer surgeon?

Medicine was certainly on my list of possible careers when I was at Loomis Chaffee, but so were a lot of other things, like teaching and restaurant critic. It wasn't until the end of my general surgery training – five years after medical school – that I decided to specialize in liver transplantation and cancer surgery; and it wasn't until that training was done – another four years later – that I decided to pursue writing.

I might not have known what I was going to do while I was a student at Loomis; but I definitely would not have seriously entertained thoughts of surgery, liver transplantation, book writing or journalism without my Loomis Chaffee experience. On the Island, I got to learn from some of the most extraordinary teachers I would ever come across -- people like Anne Sbarge, who was my adviser for all four years, and Jim Rugen. These teachers taught me to write papers, dissect fetal pigs, do calculus and analyze history, but more importantly they taught me to think broadly, fearlessly, without constraints. They gave me the personal confidence and intellectual tools that allowed me to believe that there was such a thing as my "best self" and that that self could make a real contribution to "the common good."

It wasn't easy for me. Or for my teachers, I am guessing. I was far from remarkable as a freshman – I had abysmal SSAT scores, no outstanding extracurricular accomplishments to speak of and didn't even know that my papers needed to have a thesis statement. But Loomis Chaffee has always had this incredible environment, one created by the founders and sustained and nurtured by generations of students, staff, administration and particularly teachers. It's an environment that is all about supporting each person's search for his or her "best self," then using that best self to contribute to the "common good."

2. What is one of the biggest obstacles you have faced, whether during your time as a doctor or during your training, and how did your experiences at Loomis help you overcome it.

I think that one of the biggest challenges I have faced is one that I continue to face every day – living up to my best self and my role in support-

ing the common good. "Best self" and "common good" are easy terms to throw around, but for me at least, incorporating them into my work and daily life can sometimes be extraordinarily difficult.

Becoming the best doctor one can be, for example, can mean undertaking years of intensive education and training. A significant chunk of your late teens, 20s and sometimes even 30s are spent studying, taking standardized exams and working in hospital wards and clinics. While a lot of that training can be really interesting and fun, it's a lot of hard work, sometimes at significant personal and financial expense.

Even after training, being the best doctor is not always straightforward. It's incredibly difficult telling a young mother that she has a potentially devastating cancer, operating in the middle of the night, missing your child's Little League game to take care of a patient emergency, and standing by a family who is watching their loved one die.

Similar challenges exist in writing and journalism and, I'm guessing, in every human endeavor. But the rewards – the contributions to the common good – that result when we've managed to come close to being our best selves can be incredible. As a writer, I've been told that certain articles or my book have sustained people through their own challenges or allowed them to see the world in a different way. And as a doctor, I've saved a few lives and been able to offer comfort to patients and their families during difficult times. I consider myself pretty fortunate to have been able to do those things.

3. Lastly, I know you are very outspoken about End of Life treatment and how it is dealt with. Could you elaborate upon and explain both sides of this very controversial but important debate.

Over the last 50 years, medicine has made tremendous strides in terms of treatment. Diseases that were formerly life sentences are now something we can take care of, and that has given a lot of people real hope. In liver transplantation, for example, we see patients with end-stage liver disease who are truly at death's door. But when we transplant them, we can offer them what we call in the transplant business "the gift of life." It's pretty incredible to be able to do that for a fellow human being.

The problem is that with so many medical advances and cures, it becomes easy to forget that we will all die, that mortality is an essential part of our humanity. We end up denying death. To some extent, that denial is a very functional coping mechanism. If I were always aware

of my mortality, I probably wouldn't leave my house. On the other hand, however, when we deny death completely, we do ourselves a real disservice. You might even say that we do not allow ourselves to live life fully and as we want to, until the very end. Research has shown that the vast majority of us, 90 percent, will die from some kind of chronic illness, and not from some sort of dramatic "she's alive one minute and now she's dead" moment.

If we can talk with our loved ones about what they want at the end of life, what they define as a "dignified death," we will be all that more prepared give that to them when the time comes. We won't have to wonder if that person wanted to have everything done or only comfort measures, to be at home or in a hospital, to have their favorite music playing while surrounded by lots of friends and family or to spend their last days in silent meditation with just a few

loved ones.

We can do more than just cure. We can help our loved ones and our patients by not running away from or denying death, but by being with them until the very end. It's all about trying to be our best selves.

Read her NYT Blog here: <http://well.blogs.nytimes.com/category/doctors/doctors-and-patients/pauline-chen/>



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# Write for the Log!

So we don't have blank space.

Contact any of the editors, or email [log@loomis.org](mailto:log@loomis.org) for more information.

## Ebola Breakout: A World-Wide Crisis

BY AKASH CHADALAVADA '18  
Contributor

The recent Ebola outbreak in West Africa has sparked panic on an international level. Over 7,000 cases of Ebola have been reported in Guinea, Sierra Leone, and over 3,000 deaths has been recorded in Liberia so far. All three countries have recently emerged from long conflicts and significantly lack the resources necessary to cope with an outbreak of a serious epidemic.

The dramatic outbreak has brought attention to some fundamental facts about the virus. It is thought that fruit bats are natural hosts for the virus, and then the virus spreads to other populations of animals. Eventually, when people come in contact with infected animals, the virus is transferred to them. Luckily, from what is known so far, the virus is spread through neither air nor water, and thus preventing a catastrophic escalation of the problem. The gestation time between when a person is infected and when the first symptoms start to appear can be as long as 21 days, making it hard for health care workers to determine

whether a person is infected or not. On top of that, the similarity between the first exhibited symptoms of ebola and a common cold also makes diagnosis harder.

On September 30th, Thomas Eric Duncan from Dallas became the first person in the U.S. diagnosed with Ebola. Not long after he landed in the U.S. from Liberia, Duncan was initially misdiagnosed on his visit to the hospital and sent home. It was not until he had developed a full set of symptoms when the hospital realized its mistake. He was subsequently quarantined, and within a couple of days, over 100 people who had been exposed to him emerged as patients showing symptoms for ebola. This catastrophe has raised controversies pertaining to justification of travel bans from countries that are in the midst of an Ebola outbreak and screening of passengers exhibiting symptoms at airports.

This virus is another reminder of the fact that health hazards have no boundaries, and that the responsibility should be shared globally. An Ebola virus that mutates to be air borne would wreak havoc on the global health and

economy.

In the U.S., fear of Ebola has begun to spread with the CDC having fielded dozens of calls from hospitals believing that they had a patient with Ebola. As concerning as these calls from Dallas to Nebraska to Washington DC may be, they are a sign that the health care system is geared to contain an outbreak. Health officials have a three-pronged approach to controlling the disease. The first step is isolating the patient, the second is tracking down all the people that they could have come in contact with, and the third is observing them for any further symptoms.

Left unchecked, officials have projected a "tipping point" of 1.4 million cases by January 2015, which is when the outbreak would escalate to a global disaster. However there is still hope as countries have begun pumping money and resources into the heavily afflicted areas to help quell the outbreak. In the U.S. and across the rest of the world, researchers are racing against time to discover the silver bullet that will defeat the virus.



## Loomis History: “The Granting of the Per”

BY LILY LIU '17  
Staff Writer

I have never noticed the painting placed in the old side of the dining hall until the Alhambra Banquet of my freshman winter. It never seemed to catch my attention, or anyone's, for that matter. Decorated with an elaborately sculpted pelican and the words “Ne Cede Malis” embroidered on the top, the painting stood quietly above the fireplace, with two panels covered in dark brown parchment guarding its serene solitude. For years, flocks of tireless teenagers spent their vigorous youth under its eyes: they ate, they laughed, they left, and after many years, they moved on. Very few of them actually took the time to think about the story behind the painting: What was its name? Who painted it, and why was it there? Curious about the stories that lie behind the painting, I snuck into the archives with Mrs. Parsons and embarked on a quest of unraveling its long yet intriguing history.

The painting itself, called “The Oath of Knighthood”, was commissioned by an anonymous donor to decorate the newly built dining hall in 1926. Painted in the style of pre-Raphaelite, it depicts the scene of a young knight kneeling in front of King Arthur to take the oath of knighthood, with a woman in white hiding in shadows behind some white pillars. On each side of the painting, excerpts of Tennyson's poem, *Idylls of the King*, is written on two old wooden panels. Having cost over 3000 dollars, this gift stirred a zealous flow of gossips among the Hartford community and was even reported by the local newspaper, the *Hartford Courant*, in 1926. Most of its attention was brought by the highly reputed metropolitan artist, Ivan Olinsky, a close friend of Mrs. Evelyn Batchelder, who accepted her invitation to create the painting. Having both exhibited in the Grand Central Gallery of New York, Mrs. Batchelder and Mr. Olinsky greatly admired each other's artistic talents and became life-long friends. In addition to the painting for the Loomis dining hall, they exchanged personal portraits with each other; Mrs. Batchelder constructed a bronze sculpture of Mr. Olinsky's head, while Mr. Olinsky painted a portrait of Mrs. Batchelder, which is now placed in the Founder's lounge.

However, since our pelicans never lacked the sense of humor, the honorable ceremony depicted by the painting was joked as

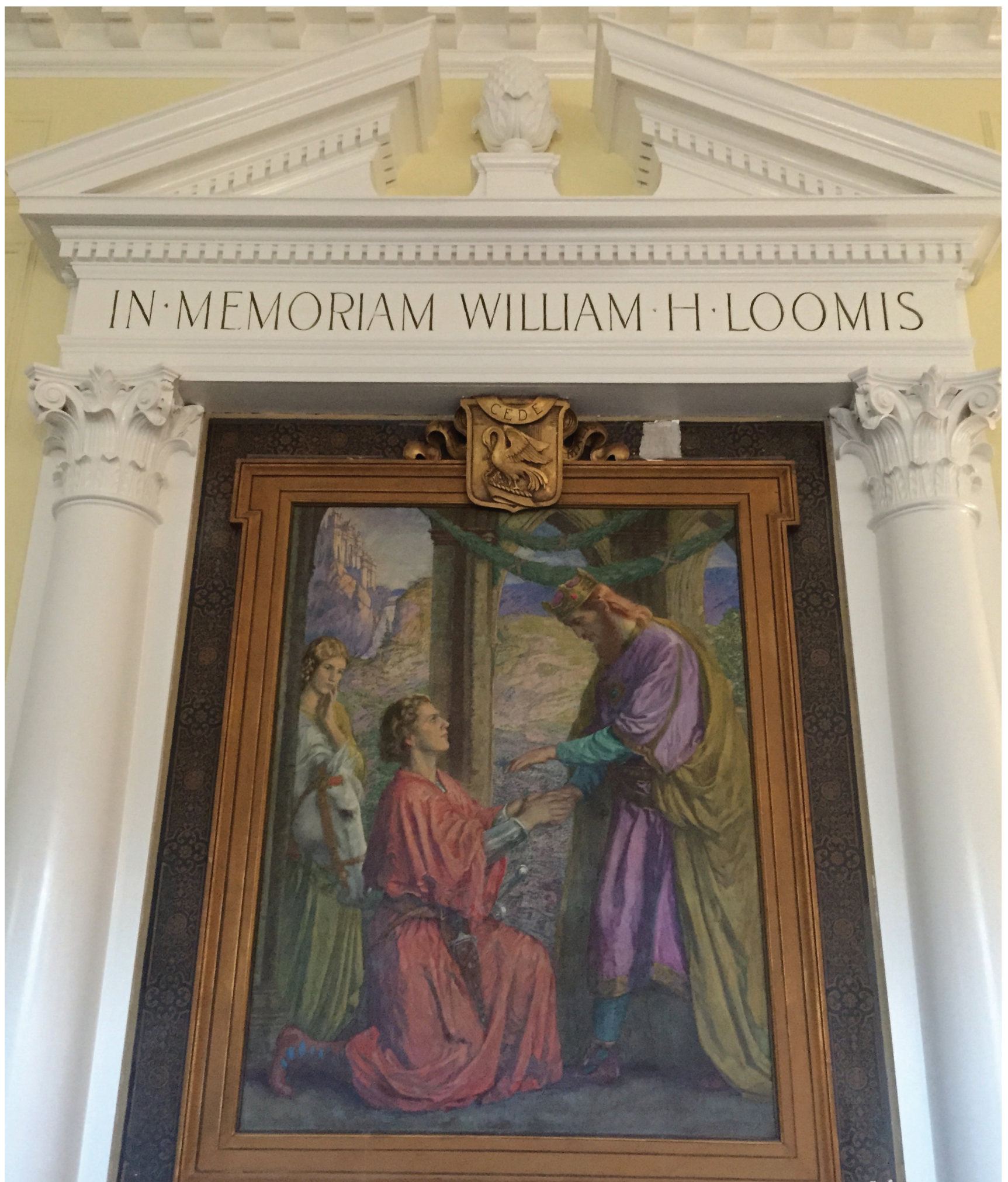
“the Granting of the Per”. “Yes, ‘the Granting of the Per’! I don't think we call it that anymore, but back in my time, students joked around with it. They kept the name alive for so many years.” chuckled Mr. Rugen '70, one of the most respected music teachers at Loomis. After so many years, Mr. Rugen can still effortlessly recite lines from the Tennyson poems on each side of the paintings; in fact, it was the first assignment of his sophomore history class taught by Mr. Fowles, a history teacher who wrote the 50th year history

of Loomis, *The Harvest of Our Lives*, in 1964. “He made us recite the text to him, one by one. I was moved by the oath, which emphasized loyalty, faithfulness, and good works,” said Mr. Rugen. When asked why he thinks Mr. Fowles made them memorize the text, he said, “I think he resonated with the words; they evoke the values of Christian chivalry. Mr Fowles came from a time when the works of Tennyson were greatly admired, and students in his generation were accustomed to memorizing a great deal of poetry. In his

youth, there was no television or Internet.” I was moved by this cherished, heart-warming memory he shared with Mr. Fowles, and also disappointed by my ignorance of the beautiful story that lies behind the painting.

Since then, every time I walk into the old side of the dining hall during family style, I take a moment to admire the painting and the chivalric texts on each side. A chuckle escaped from my lips as I pictured groups of impatient young boys swarmed over the Tennyson panels, chanting the written texts over and

over again until they learned it by heart. I pictured two blond girls sneering at the painting as “the Granting of the Per”. I also pictured Mr. Olinsky and Mrs. Batchelder, chattering and laughing, while carefully examining every single detail on the canvas. Sitting under the stately panels, tasting the seasoned, wormed sweetness yielded by its rich history, I took out my computer and wrote down all these beautiful stories behind it, hoping that they would live among the memories of generations of Loomis students.



ANGEL FADILA '15 FOR THE LOOMIS CHAFFEE LOG

## NEW BOYS ON THE BLOCK 'DA BOYS TAKE LC

BY GLORIA YI '17  
Contributor

The Loomis Chaffee Bass Division, a group of very talented, all-male vocalists, has stimulated good vibes and lots of chatter on campus. The founders and leaders of the LCBD are Michael Kim '15, Tony Lee '15, Andrey Vdovenko '16, and Chris Eun '17, who were former members of last year's Acapelicans. The four intrepid vocalists made a bold move last year when the four of them debuted in the Benefit Concert. The fact that they had so much fun with this endeavor was felt by the audience through their individual energy and interdependent synergy. In fact, there wasn't a single face in Hubbard Hall that was not stunned by their voices. Though

they did not initially intend to break off from the larger group, the incredible response from the audience allowed them to discover their untapped potential as a group. Thus was the Bass Division born.

Why only boys? “Well,” Tony explained, “it's a thing at all the other schools... There's a certain mix to guy voices that's different from co-ed a cappella that makes it very special.” Plus, they looked for “a really chill environment” for this “really bro thing,” something they find very important to the heart of their mission. When asked about their mission statement, the boys rapidly built upon each other's answers, completing each other's sentences. Though admittedly clichéd, the most notable was the first item on their list, “to spread joy with

our music.” They directly addressed the issue of how so many people enjoy singing, yet hesitate to perform. Their priority is to make these people feel comfortable and embrace themselves. The existing leaders are a quartet of very open friends who explode in laughter more often than not. They share close bonds that are evident in their ability to play around with their Teletubby-like personas and bounce interesting t-shirt designs back and forth in a matter of seconds, emphasizing the relaxation of their relationship.

Last week, the LCBD held three nights of auditions, where candidates sang a song of their choice and some scales. The leaders were especially dazzled by one rendition of Miley Cyrus's “The Best of Both Worlds,” and for

most performances, they even sang along with the auditionee. “We weren't paying much attention to how good they were — just looking for potential,” clarified Andrey, confident that the current amount of technical musicianship owned by the leaders was enough to help out new members if need be. What they did look for, though, were committed musicians would add character to and enjoy the group.

When learning a new piece, the first step is to pick up on a certain chord pattern, then start improvising, or, in the words of Andrey, “fly by the seat of our pants.” All the music is student-arranged, so creativity is crucial. But there are few worries to be had. Thanks to Michael's musical intelligence, Tony's on-stage charisma, Andrey's eclectic

taste in all genres of music, and Chris's epic beat-boxing skills, new members will be in good hands.

Aside from performing more often, the LCBD's goals include participating at an acapella competition, to be held by Choate, this spring, and do considerably better than they have done in previous groups. They even look forward to co-ed performance opportunities, though they are also keeping in mind the inevitable competition with the already-existing Acapelicans.

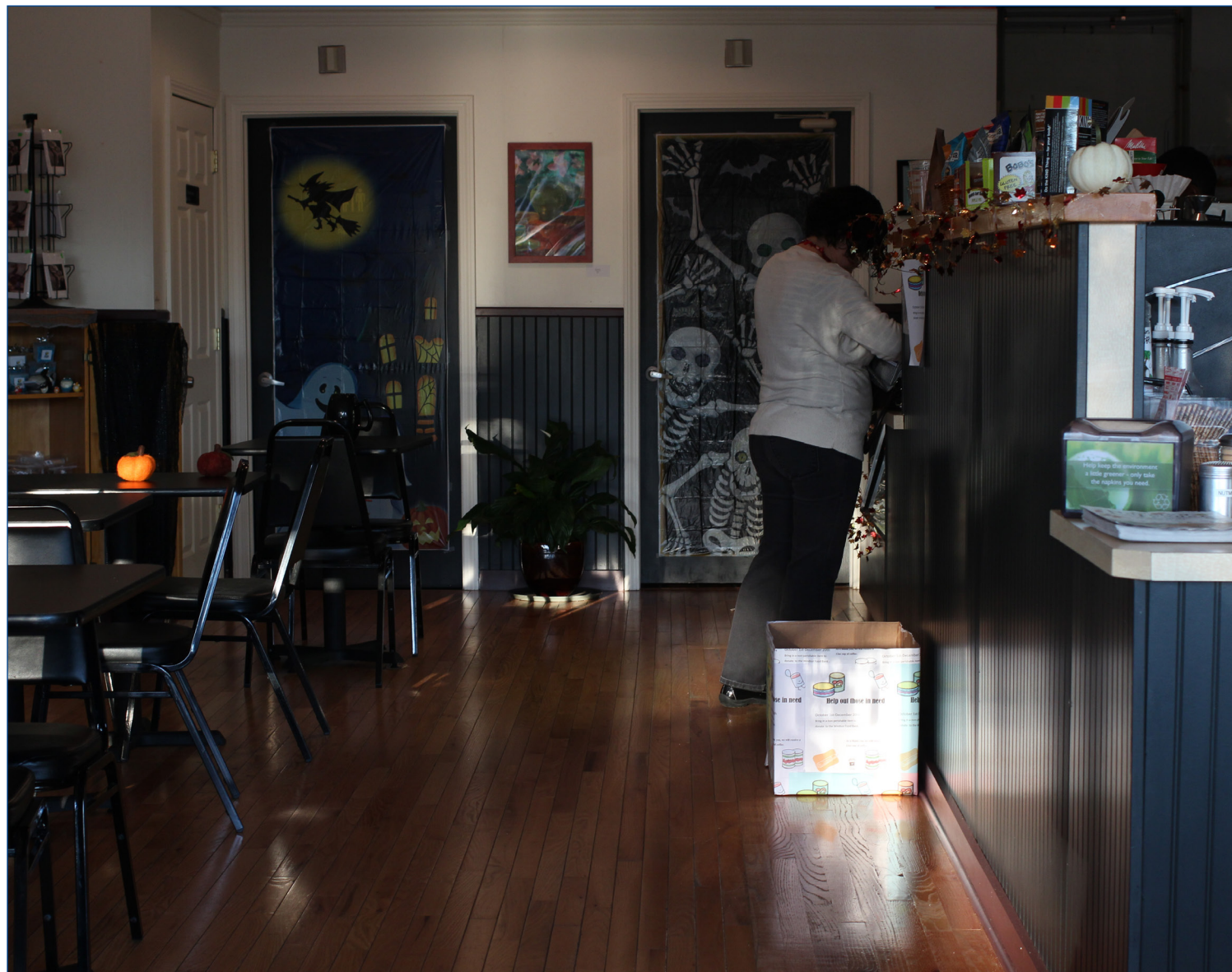
Above all, the leaders of the LCBD have concluded that there is “a chemistry” behind their efforts, that will take them quite far. Their practical success in LC's musical field, however, is yet to be seen.



# Getting Caffeinated in Style at Jazz Art Java

BY ISABELLA EPSTEIN '16  
Features Editor

(continued from page 1)



JULIA SONG '15 FOR THE LOOMIS CHAFFEE LOG

that they “plan to have lots of cool events and hope to get the Loomis Community involved.”

The opening of the café could truly benefit our student population in many ways. Though located just a bit farther from campus than the SNUG, this new location has potential to be a hot spot. Not only is it a great place to get great treats, but also the environment is definitely one in which work can be done thanks to the relaxed vibes. On weekends, it can be a chill place to hang out with friends. Most importantly, they provide coffee delivery. Seeing as Loomis students live jam-packed lives with things to do every second of every day, we often don't have time to take a break. People are always running around frantically, sleep deprived and adrenalised. This radical invention could save lives, grades, and time! All you have to do is pick up the phone, place an order for one of their incredible drinks, and take a deep breath. Who doesn't love a little Jazz, Art, and Java?

Down the road from Loomis in the heart of Windsor, lies a little café called Jazz Art Java. The cozy space acts as a gallery style coffee house with a jazzy flair, as its name suggests. They offer freshly brewed, organically roasted and fair-trade coffee as well as gourmet arctic drinks, and, if you're feeling a bit hungry and want to munch on a snack, locally baked goodies. What's even better is that many of the items on the menu are vegetarian, vegan, and allergen free: oh so very inviting and accommodating to peoples needs. While you enjoy your delicious treats, you will have the opportunity to appreciate artwork from locally and nationally known artists. In addition, every four to six weeks, Jazz Art Java hosts a local art show, as well as “Out of the Box Night” every Friday, which resembles an open mic event with poetry readings and singing. Toni, the general manager, says

## The 2020 Project: Do We Need Pretentious Water?

BY JULIA SONG '15  
Director of Design

I love water. I love it more than I love avocados, more than Michael Carter loves coffee, and more than Scando loves bowties. If I could only choose one of the three necessities of life, I'd gladly become homeless and move to a nudist colony if it meant an infinite supply of water (yes this is a #firstworldproblem).

So, naturally, when rumors of new, high-tech water filtration systems in Taylor Kravis and trickled out last spring, my heart swelled with anticipation. I'm sure everyone else felt this way too, and I felt like my prayers were finally being answered. My long-awaited dream of filling my BPA-free Camelbak with glorious, crystal-clear, filtered water, straight from my backyard (AKA Ammidon) finally seemed a reality.

You can imagine my disappointment, then, when I returned this September to find the same faucet, the same vending machine, and no water dispenser in my dorm. I soon found out I wasn't that special, because it turned out that no other dorms—save for the original Taylor and Kravis—had been #blessed with a water cooler.

Since last year's theme of climate change with an emphasis on water, LC has been contemplating ways to become more green, which is a step to be congratulated. But the more I think, the more I wonder how necessary such glorious water dispensers are in a small, high-school dormitory.

There is a stigma associated with tap water, both for its mineral taste and the act of drinking from a sink. It also feels much easier to keep bottles of water handy in your room, so you can grab one before you go to practice. But carrying around a water bottle isn't that hard, either. Check your facts the next time you complain about how you can taste Saturday classes in the water from your sink, because tap water actually undergoes stricter regulations than does your beloved Poland Springs companion.

Then, imagine how much plastic you could save simply by carrying around a Nalgene, Camelbak, or Hydro Flask of your choice. Since you probably aren't going to recycle that plastic water bottle in your hand. Think

about it: we could reduce waste and significantly decrease our carbon footprint.

Maybe you say, “Who cares? Why do we need water dispensers? I order cases of Poland Spring from Amazon anyway.”

Whether or not you see the possibility of installing the Pure Water Technology filtration systems throughout campus as a reform worth making or an unnecessary step, we all deserve answers. I spoke with Mr. Dyreson, faculty adviser of the E-Proctors, to figure out where the could-be springs of joy fell under the radar.

“It started last spring with a project called the 2020 Project,” he said, “which was a joint effort

said that they have potential to cost the school less money than bottled water in the long run. He said we could save “up to 40%, so economically it might make sense.”

The group wasted no time in putting the plan into action. Dyreson said, “Justin Morales (14), who was an E-Proctor, took it upon himself to carry the 2020 Project,” Dyreson said.

Morales arranged for trial units in Kravis and Taylor, dorms where he had spent his years at Loomis.

“It was great, the boys love ‘em. So can we put dispensing units in the 17 locations and in every dorm?”

the school remains a separate issue. LC would only reap the true economic and environmental benefits of the filters if people weren't constantly buying bottled water. Though the bookstore and the SNUG still sell bottled water whose sales might be impacted, Dyreson believes the school would value the positive impact of the green move much more.

“We're an educational institution,” he said. “Is this worth paying a little bit more? It's a message. Would the bookstore lose a little bit of revenue? Maybe, but it's the right thing to do.”

The only catch he sees is the true necessity of such sophisticated water filters.

“Do they really need that fancy a machine in the dorms? You have water out of the tap. It might not be the perfect temperature that you want, people might talk about the taste, but you do have water access.”

His point, one we often overlook, puts into perspective the place of LC in a broader global context.

“Another piece of [the 2020] program is an action-oriented piece, so we partnered up with a school in India,” he said.

“They are looking at water issues, and they're actually trying to get more bottled water, whereas Loomis is trying to get rid of bottled water, so it was really interesting to learn the two different perspectives.”

Like its umbrella issue of water conservation and the green conversation, the process to completely reform how we access water at LC is multi-faceted and dynamic. Furthermore, the 2020 Project will affect every member of the Loomis community upon its completion.

Ultimately, viewing the filters as the either a compromise or a luxury is a personal choice. So drop by Taylor or Kravis to test out these smart water dispensers. Hopefully, we'll be seeing more of these --- or something close--- in the near future.

Mr. Dyreson emphasized that the students and faculty involved have been doing all they can to bring the plan to life, and predicts that we'll see a solution sometime within the school year.

“There are a lot of moving parts. I think there are some complex financial questions to answer, but I'm confident that they can be worked out.”



JULIA SONG '15 FOR THE LOOMIS CHAFFEE LOG

between the Center for Global Studies and the Sustainability Office. We looked at students in the program that were looking to one of the global issues: access to water.”

Dyreson said the 2020 group first determined places on campus that used bottled water coolers—17 locations including academic faculty lounges, Admissions, and the Developmental Office—and considered a replacement. What they found were the filtration systems at hand.

“They're great,” Dyreson said. “They filter local tap water and make it the right temperature, whether it's cold or hot.”

The units are initially a higher-cost investment, but Dyreson

Dorms have shown a great deal of interest in the project, and dorm life committees have been discussing the possibility of the filters. Now come the technical concerns. The filtration units are rented, not bought outright, and so each dorm would have to pay for a portion of the costs after the school subsidizes the initial price. Unfortunately, money poses the biggest obstacle.

“Conceptually, it makes total sense. The goal was that over the summer we could come to a decision and move forward. It's just, there were a lot more complexities that came up. Ultimately, it falls to the administration to see if it makes economic sense.”

Nevertheless, the issue of a financial conflict of interests for

## Second Floor Strife

BY ALLISON YEH '15  
Melange Editor

Don't get me wrong, I am fond of the Katharine Brush Library. I enjoy spending my study halls and free periods venturing through the aisles of books, now diminished to smaller, stubbier shelves. However, I must say that going to the library, after its renovation, is a whole new experience. I am a second floor kid. I like silence, privacy, and a clean study space when I work. The cubicles had everything I needed: walls to seclude me from the gum-spewing children, multiple outlets to conveniently plug in all the chargers I ever owned, a bright light to illuminate the text when my eyes grew tired. I enjoyed my trips to the library mostly because I enjoyed my private space, my personal cubicle. Well, thanks to the new remodeling, not anymore. When I walk up to the second floor of the library in search of a private area to study, I can't find a single one. The “new and improved” second floor looks like a replica of the first floor, with big community tables, lots of couches and seating, and large obtrusive study rooms with glass walls resembling some kind of experimentation lab. The layout reminds me of a communal bath, no boundaries, and no seclusion. I sit at the large table in the middle of the room feeling vulnerable, as if all eyes are on my every move. While I know I have good study habits, some kids just glare at me for insight into a world of less procrastination, and honestly, it's a little disturbing. I can't focus with thoughts of others infiltrating my head. And I definitely cannot focus with the yapping chatter of these lab rats in study rooms mixing with some teacher's booming lecture voice in the classroom next door. It is ineffective to have a large “community” table, a tad too affectionate couple is going to sit there and scare off all the single

kids, who then have to resort to the couches, where they will most likely end up asleep after reading four pages of The Grapes of Wrath. It is ineffective to take up the majority of the work space with rooms that allow kids to socialize rather than work. It is ineffective to have glass walled classrooms so that students studying outside in the “silent zone” can just make funny faces at those trapped in a double Economics class. Frankly, the new editions to the second floor unnerve me. I don't want to see you screw up your Geometry homework and feel responsible to help you, nor do I want to feel your foot against mine in mistake for your significant other's. After two study halls spent on the second floor, where I struggled to open up the fancy built-in outlets and found myself getting glares from my neighbor at my disarray of papers and textbooks that spilled to her side, I came to the conclusion that my room might be a better workspace. I spent the rest of the week in the dorm during those two precious hours in the evening, and realized I actually got less work done. How could this possibly be? And then I realized: maybe the second floor of the library has its flaws, if you distract yourself by thinking that everyone is admiring your new sweatshirt and leggings instead of focusing on your problem set then yeah, it's not a good working environment. But, if you do not feel self-conscious about people knowing your addiction to watching My Little Pony on netflix, then I say the second floor of the library is for you. The peer pressure is persistent. If I see the kid across from me is working hard, I feel less inclined to start shopping online for a new pillow pet, and more inclined to open up my planner and at least pretend like I am being productive. Don't get me wrong, I love the library. 83% of it, anyway.



## Loomis Chaffee Log

FOUNDED 1915

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The Loomis Chaffee Log is Loomis Chaffee's official student newspaper. We can be found online at [www.lclogblog.blogspot.com](http://www.lclogblog.blogspot.com) and we can be contacted via email at [log@loomis.org](mailto:log@loomis.org). Letters to the editor and op-ed piece submissions are welcomed via email. The Log reserves the right to edit all letters and pieces for brevity and content. The views expressed in the Log do not necessarily reflect those of The Loomis Chaffee School. Unsigned editorials represent the collective views of the Editorial Board.

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ALEX BENTHIEN '16

# Why We're Safe From Ebola

When we, the media savvy public, thinks about Ebola, we shudder just thinking about it. Most have heard of the doomsday outlook on the horrific, hemorrhagic virus, capable of ninety percent death rates and bleeding from every pore, with no cure anywhere in the world. We dwell on the thousands of victims and confirmed casualties in West Africa and a population with little to no control of the disease among them. Others think more immediately: "What if the unidentified sick persons make it to the United States?" or even "Geez, I heard it can kill in just hours after exposure to the air around another sick person..." I'll stop you right there. Assumptions and misinformation only fuel an unsubstantiated fear of something new, and frankly, exciting in a twisted sort of way. What follows will hopefully set the record straight and any calm the rumors created out of the media storm.

First and foremost, Ebola remains a non-threat to most Americans. In no way do I mean to downplay the severity and risk that the disease itself brings, but the chances of a widespread outbreak in the United States are next to none. It is not an airborne virus, nor will someone necessarily get it if they come even within arms length of a victim. Bodily fluids (blood, sweat, saliva, etc.) must travel

from a carrier to another person's mucus membranes (eyes, nose, mouth) for to be even a chance of infection. Also, at least two Americans have been fully cured at the Emory hospital in Atlanta. In contrast, in third world countries where the tragedy can not be controlled as easily with modern medicine and access to medical equipment we all take for granted,

as a major food source in some of the poorest communities in the world, can lead to major health compromises in the impoverished African countries such as Sierra Leone, Guinea, and Liberia.

With this sort of rapid spread, and the sometimes three week waiting period between contraction and the symptoms associated with contagion, healthy people

Though five major airports in the U.S. have now begun screening for fever and other signs of infection, a man from Liberia by the name of Eric Duncan did land in Dallas, TX to visit family, and was outside a hospital for approximately two days with the symptoms of being contagious with Ebola. According to the CDC, the national Centers for Disease

fore he was admitted to the hospital. Thankfully, the situation was swiftly taken care of, and those who may have had contact were confined by a court order to their homes for the maximum delay period of 21 days. Unfortunately, Duncan was not able to make a full recovery, and as of today, 10/18 at 7:51 A.M., has passed.

Despite extensive media

ternational apocalypse scenario to Ebola zombies (seriously, look it up), the disease still remains mostly confined to a small area that can be assisted by one thousand CDC aid workers and countless other trained volunteers from other countries. But what if it really does make it closer to us? To campus even? Mr. Simon Holdaway, a vastly experienced biologist and researcher, assured me in an interview that "the chances of Ebola making it to campus are as close to zero as to be almost indistinguishable." He also pointed out that we should be worried about more pressing dangers, such as descending stairs and driving to school, both of which claim many more lives each year than the total number of reported Ebola cases in Africa. Well, even with an indistinguishable chance, what sort of protocol do we have on campus in case of an emergency? In speaking with Mrs. Debra Aniello, the lead Health Director at the school, I was reassured that the school follows strict guidance provided by the CDC for all health matters and has actions set in place for the control and isolation of any disease, from the measles to the mumps. In essence, Ebola shouldn't be thought of as anything close to an immediate threat.

So why are you reading this? You know you have work to do...



PHOTO COURTESY OF EUROPEAN COMMISSION DG ECHO

and shady practices such as the handling and consumption of "bushmeat," or the rodents and monkeys killed

with the disease coming out of the three coastal countries have a lot of time to move before becoming contagious.

Control and Prevention, ten people had confirmed direct contact with Duncan, along with another possible 38, be-

coverage of the Duncan case and the oh-so-many possibilities given by multiple news agencies, from an in-

CHERIE YIN '15

# Is Loomis Ignorant? Why It Shouldn't Be

(continued from page 1)

We have students from 40 countries and 26 states. To say that we're isolated is a bunch of bologna! The WORLD is right here! Open your eyes! Get out of your rooms, close your apps, and stop texting for 5 minutes and look around you: if you think Loomis is isolated, then you haven't taken the time to talk to your neighbor in the dorm or the person who sits next to you in class. You have more diversity and more of the world here on this "island" than you would have at any other school. In fact, many alums report that their experience at Loomis exposed them to more of the world than even their colleges did.

Are students busy? Sure, of course. Teachers are, too. We all are, your parents included. We live in a busy time. Life is fast-paced, and there is more expected of us—students and teach-

ers—than ever before. But I maintain that we all make choices about how to spend our time and what we prioritize. If knowing about world events is important to an individual, they will make time for it. Some students find time for pleasure reading or for playing chess in the SNUG, a few make time to go to church on Sundays, while still others play with traveling hockey or soccer teams on the evenings and on weekends. How is this possible? These activities are meaningful and the students prioritize them. If snapchatting with your friends is important to you, you'll find the time for it. Likewise, if reading a newspaper is important to you, you'll make time for it. I think it's a huge cop-out to say that we're too busy to pay attention to the world around us. I'm actually not a big fan of judging people for their level of knowledge about the news—it's either important to them or it's not. But I have very little

patience with people who say that they're "too busy" or that we (the school administration, faculty, etc.) are somehow preventing them from knowing what's going on in the world because they're living in this "isolated island."

In terms of the news source, a lot of you might read from Facebook Trend List, Tumblr, Instagram and BuzzFeed. You might be wondering if those sites are ok. Here is Ms. Engelke's opinion on that,

"The media landscape is changing, there's no question about it. It's very complicated, and I'm not necessarily the best person to ask—I'm probably a bit of a Luddite when it comes to my own personal news habits: I still get a paper copy of the newspaper delivered to my front door every morning, I still occasionally watch the 6:30 evening network news on TV, and I listen to the morning and evening news on the radio! (Yes, in fact, I own at least

three radios, not including the one in my car).

I don't want to judge students for their sources of news—if they're reading or listening to any news, that's a start! However, to quote (former George W. Bush campaign strategist) Karl Rove, who I met and heard speak last week at the Connecticut Forum, "the internet doesn't have an editor." Be careful to scrutinize the news you do read. To make a blanket statement such as "all internet news is bad" and "all newspapers are good" is simply untrue. Such a generalization misses the point. Students just need to understand the difference between the various kinds of media they are exposed to: blogs, newspapers, cable news, network news, magazines, Facebook, YouTube channels, etc. Does the author write for a news organization that fact-checked the article or the video? Young people tend not to like words such as "gate-keeper," but that's

one of the things you need to consider when measuring the reliability a news source."

What if you would love to get news from a more formal and informative source, but you do not want to spend an hour every day diving into those endless articles? We asked Dr. Culbert for her suggestions.

"Start the day with a quick 10 minute review of the headlines in the New York Times and read one story that looks interesting to you.

The NYTimes does now require a subscription, but every dormitory receives a hard copy of the paper that they can look at. You can also read it at the Library.

Bookmark a link to either your hometown or a home country newspaper that you like to read or that your parents read. I am linked to The Guardian as a way to stay in touch with what is happening in the UK. I also have links to BBC and the Telegraph but I don't use

them quite as much as the Guardian.

Subscribe or link to a daily news feed, such as the Week. It comes in once a day, as an email which is titled ten things you need to know today, usually pretty early in the morning, so it gives you a very quick overview of the main issues in the world with links to longer stories if you are interested. It's free to subscribe.

I also subscribe (for \$10 a year!—very reasonable) to a news feed put together by a Loomis alum, Brian Rooney from the Class of 1970, called the Rooney Report. The web link of which is [www.therooneyreport.com](http://www.therooneyreport.com).

So here you go. The world is right in front you. Spend ten minutes every-day to just learn a little more about it. And next time, when people ask you about the current issue in the world in a five-question mini quiz, you do not have to stand there, speechless.



## OP-ED

ISABELLE RAPOSO '15

## Emma Watson on Feminism

Emma Watson's speech in early September, delivered to the UN and avidly watched by millions around the world, rocked the communities of both feminists and misogynists on the internet from top to bottom of a google search. Some clamored support for Watson, but a more vocal mass of feminist content creators damned her message and her methods for a wide variety of reasons.

While writers like Joanna Robinson of Vanity Fair applauded Watson's speech, many bloggers and other feminist thinkers, including Mia McKenzie of blackgirldangerous.org, criticized Watson for propagating a false gender dichotomy, for throwing lesbian feminists under the proverbial bus, for implying that men should only care about women based on their status as sister, daughter, wife, or mother, and for claiming that men aren't feminists because they haven't felt welcomed to the movement. Still, others rejected the entire premise of the UN campaign Watson launched with her speech, known as HeForShe.

While almost all of these concerns and objections are valid, and certainly point to flaws in Watson's expressed feminist ideology, there was a surprising lack of attention, to the end, with what Watson was trying to accomplish with her speech and the means she had for accomplishing it. Watson's end was not a clear and exhaustive presentation of feminism. As she explicitly said in her opening remarks, the mission of HeForShe was, "to galvanize as many men and boys as possible to be advocates for gender equality."

Watson had twelve minutes to convince a vast and largely unseen audience to act for the greater good. If she had spent those twelve minutes using abstruse

feminist language, explaining the existence of gender identities outside the binary, and declaring in the abstract that women are valuable and

ed Brown University, has mingled with the leading lights of many international organizations, and is mature enough to know her



COURTESY OF UN WOMEN

important, her speech would have been far less effective in moving its targeted audience. The purpose of her speech was not to explain feminism to the world, to give a survey of feminist ideology, or to explore the nuances of gender and the statistics of privilege. The purpose of the speech was to inspire men and boys to support women and affirm women's rights.

The fact that Watson's speech was aimed at men and had the goal of gaining their support for women's equality isn't a heinous misdeed or a sexist oversight. It is almost certainly a result of deliberate choices on behalf of Watson and her colleagues. Watson attend-

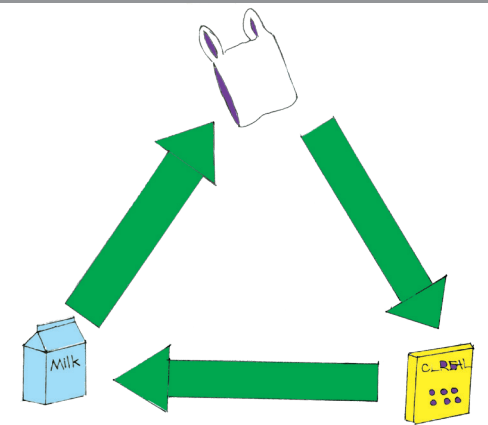
way around a radical feminist discussion. While her speech's problematic elements are excellent springboards for discussion and debate, and while her statements about the negative effects of gender inequality on men and boys may have rung hollow in comparison with the historical and ongoing plight of women worldwide, the rhetoric Watson used allowed her to provide a compelling argument for men's involvement in feminism.

Watson's remarks to the male inhabitants of the world began with a standard disclaimer about the nature of feminism (a brief educational moment that ensured her audience was on the same page). Then,

she recounted her gradual feminist awakening. She outlined the concrete values of western feminism, such as representation of women in legislature, bodily autonomy, and equal pay, before focusing on the role of men. Watson brought to the forefront ideas popularized by writers like William Pollack, surrounding the damage impossible standards of macho masculinity inflict on our sons, husbands, and brothers. This rhetorical strategy was clever because it both demonstrated that men stood to gain something from a struggle for gender equality, and gratified that eternal human need for attention and validation. In turning her speech towards concerns about male well-being, she gained sympathy of her audience.

Towards the conclusion of her speech, Watson used that ritual appeal to male empathy, the most reliable sitting duck for radical feminist analysis. While the statement "I want men to take up this mantle, so their daughters, sisters, and mothers can be free from prejudice..." might imply that women are only important because of their relationships to men, but ultimately, it's a classic, not a cliché. Caring about an amorphous blob of femininity and oppressed humanity is more difficult for the human mind than caring about a blob of femininity with your mother's face.

While Watson did not really speak the language of feminism, she spoke in a way that any listener could understand, to the end of attracting male support for women. She spoke in concrete terms and with true passion. Her next speech will delve farther into why HeForShe is necessary.



CHRISTINE XU '15 FOR THE LOOMIS CHAFFEE LOG

EMILIE SZEMRAJ '16

## Remiss in Recycling

If you take a stroll through Loomis Chaffee's campus, you can spot garbage and recycling bins near every academic building. These bins are strategically placed near academic buildings and dorms where many people pass by daily. Like Disneyland, where you can always find a trashcan fifty steps away from you, Loomis positions many trashcans and bins to reduce our littering and our increasing of the carbon footprint on the planet. While Loomis has many green initiatives happening on campus, and a team of students behind these initiatives (LC E-Proctors), our campus's main way of staying green is through the ritual of recycling. Recently, however, us pelicans have committed sacrilege.

Problems with recycling have been apparent from the beginning of the school year, but has exacerbated a month into school. Issues like food congealed in or attached to recyclable materials in the trash have been regularly spotted. Though e-proctors constantly exhorts the student body to be more prudent and conscientious, students remain relatively aloof, forgetting the details of what-goes-where as soon as the meetings finish. Imagine what LC would be like if students have equal enthusiasm to recycle as they have to sprint to the snug for a bacon egg and cheese.

To get the bottom of this issue, the E-proctors has re-evaluated the outrageous mess we create. Loomis Chaffee has single stream recycling, which means that plastic, paper, bottles and cans can all be put into the same bin for recycling.

This makes our lives easier by avoiding the tricky question, "what specific bin does this go to?" However, the only plastics that can be recycled are plastics numbered one to seven, which are denoted by a number on the plastic, usually on the bottom or corner of the item itself. Fairly easy to observe. Xana Pierone '16, an E-proctor, laments that despite our relatively simple recycling system, "Students do not put recyclable items in the recycling bins, (thus contaminating the entire bin) or they throw away recyclable items. Some of us are just too lazy to rinse out cups, so we throw them out". Although our recycling system is incredibly straightforward, students are skimping out on the extra, but simple, steps. Although this problem can be attributed to laziness or indifference, Xana admits, "Most students do not know what is or isn't recyclable, and the e-proctors are now putting up signs to help with that!" Until explicit signs and directions are put up around campus, some simple things like recycling plastics numbered one to seven, rinsing out those plastic containers, recycling paper (line or unlined), are often neglected. Xana's ultimate advice, "When in doubt, throw it out", presents a good rule of thumb for those of us who aren't green gurus.

Recycling is not a chore, it shouldn't be one; It takes two quick seconds for you to distinguish whether an item is recyclable or not, and then to put it into the correct bin. Do your part in making our campus a greener more environmentally friendly place: recycle properly.

SOPHIE KAPLAN '15

## No Shoes, No Shirt, No Schooling

(continued from page 1)

(my legs, hips, and breasts) are carefully concealed in the manner specified by the school. Otherwise, I will be labelled as a distraction and told by the faculty to change my outfit.

Admittedly, there are times when it's just simply more prudent to dress conservatively. When attending family style, I'll do almost anything to avoid the public humiliation of being sent back to my dorm in front of the entire boarding community to change my dress. However, this premise of dressing 'appropriately' communicates to young women that, in essence, to be anywhere near appropriate is to dress in a manner that hides what makes us feminine.

While I believe my concerns about dress code to be entirely valid, there is also something distinct within the Loomis Chaffee

dress code that deserves to be commemorated. While many schools force students in violation of the dress code to change into sweatpants and an oversized shirt (sometimes

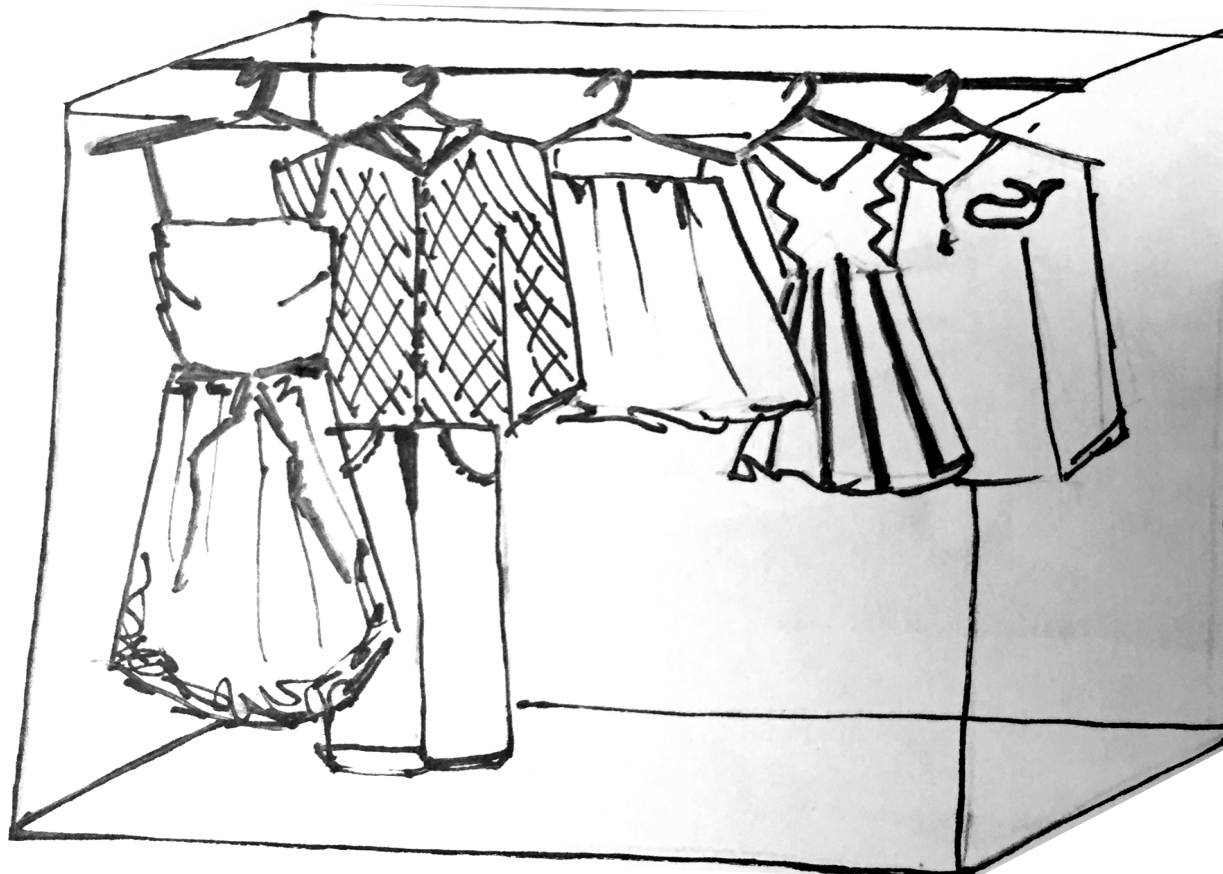
with the words "In violation of dress code" written across it), Loomis prohibits these, along with leggings and other articles of comfortable clothing, because the administration

feels that doing so promotes a casual environment not best suited for learning. Safely avoiding the discussion of gender altogether, Loomis students are required to wear

'workday casual dress' in order to maintain a serious atmosphere. Yet, I wonder if this standard is actually met. Is the argument that students would be able to focus more on learning

if allowed to dress however formally or casually they pleased not equally as valid? If students were, for example, permitted to dress casually on half days, would that not make them more willing to try equally as hard on a Saturday as they would on a Tuesday? If Wednesdays held the promise of sweatpants, would that not make the day go by a bit more pleasantly? With dress code being what it is, it's hard to believe that some concessions can't be made for everyone's benefit.

I love leggings, they're both comfortable and versatile. The thought that today, some poor girl will be invariably shamed for wearing my favorite type of pant is inexcusable. As are the actions being taken against young girls that teach them to view themselves as sexual objects interfering with the learning of boys. Actions that diminish the worth of a young girl to nothing more than a distraction.



ANGEL FADILA '15 FOR THE LOOMIS CHAFFEE LOG



## Baseball Catch-Up

BY JAMES DOAR '17  
AND ETHAN COHN '16  
Staff Writer and Contributor

For baseball fans, October is a special time. Every October, for the last 102 years, the best teams and players have competed in the Major League Baseball postseason. This year's postseason bracket contains many familiar playoff names: San Francisco Giants, Los Angeles Dodgers, St. Louis Cardinals, and Baltimore Orioles.

On the American League side of the bracket, there is an obvious outlier. The Kansas City Royals defeated the Oakland Athletics in the wild card games to gain admission into the postseason for the first time in almost 30 years. The scrappy team from down in Missouri has the lowest payroll of all of the teams remaining in the playoffs, with their highest paid player James Shields raking in about \$13.5 million a year. In contrast, the New York Yankees, who failed to make the playoffs for its second year running, has a total payroll of \$209,416,323, which amounts to over twice the Royals' total payroll of \$90,994,500. There are five players on the Yankees' roster who make more than James Shields, and the injury-prone Mark Teixeira is amassing almost twice as much cash as the Royals' highest paid player.

One might wonder how the

Royals had such a stellar year with such a small payroll. Ned Yost, the Royals' manager, could easily answer that question: they just out-hustle other teams, plain and simple. The Royals led the Major Leagues this year in stolen bases with 153 bags swiped. They are also one of the most disciplined clubs in baseball, with the fewest strikeouts in the Majors. What the club lacks in big-name talent and flair, they make up for in desire and will. Kansas City completed a comeback victory from a massive five run deficit (in extra innings no less) in their one game playoff. They also emerged victorious in two extra inning matchups against the Angels in Kansas City's first postseason appearance in 29 years. It just seems like the Royals are refusing to lose, regardless of the inning, no matter the deficit.

The squad from Missouri has a young stud in Lorenzo Cain, who exemplifies the "Royal Way". In the Royals' shocking sweep of the Angels, Cain made back-to-back diving catches to send his team up to hit. Cain's path to the Majors proved an unconventional one. He only started picking up the bat and glove in his sophomore year of high school when he was cut from his basketball team. Can the Royals become baseball royalty

Can the Royals become baseball royalty this year and win it all again? They just might.

## Coach Chris Lee: Running the Island

BY  
MADISON PETERSON-PORTA '15  
Sports Editor

Chris Lee has returned to the island. Having attended Loomis Chaffee as a student and athlete from the fall of 2006 to the spring of 2010, he has returned as teacher and coach. Mr. Lee, or Coach Lee to the LC XC girls, can be either found in the Mi-

but I really like soccer. And I liked having soccer being separate and keeping all of my soccer friends."

After Loomis, Chris Lee went on to run at Williams College, running four years of cross-country there along with both indoor and outdoor track. Unused to the mileage of cross country, Lee suffered quite a few injuries: he'd only been running

finish so there really wasn't anything left for me to do other than fall." He bares a scar on his left shoulder as a reminder of what happens when you don't run smart, and save enough for the kick at the end of the race.

As captain during his senior year, fall, winter, and spring, Lee had a chance to redeem himself from falling over the hurdle the previous spring of his junior

tionships he had with his teachers and how close and helpful and caring the faculty appeared to be to all the students. Though many things about the island have changed physically, Lee was happy to report that the relationships between the students and the faculty and the community in general hadn't changed a bit. "I'm excited to be back here at Loomis giving back to the



JULIA SONG '15 FOR THE LOOMIS CHAFFEE LOG

cro/Molecular Biology room in Clark during the school day or out under 'the tree' next to the football field coaching the girl's cross country team each day after school.

A true Loomis legend, Chris Lee held the record for the boy's 1500 meter dash with a time of 4:00 minutes flat his junior year on the island, a record that was broken only last year by Bobby Turner '14.

Chris Lee first came to the Island as a freshman nine years ago. Living nearby, Coach Lee experienced his four years at Loomis as a day student. Though he played varsity soccer for three years here in addition to his four-year varsity track streak, he began to favor running soon after his arrival on the island: "I've been playing soccer since I was five, and my family is definitely a soccer family, but I think after freshman year, I'd have to say track was my main sport."

Surprisingly, despite Lee's reputation as an amazing runner, he never decided to make the plunge and run cross country for the Pelicans while he was here: "I had a lot of friends who I ran track with who tried to make me switch to running cross country,

thirty-five miles per week, which is a fairly low mileage for cross country, so in his words: "my body just wasn't prepared for the practices." Lee admitted that it actually took between eighteen months and two years before his body was ready to allow him to run cross country successfully. Which isn't to say he wasn't running well against other people's standards. Lee is very modest about his running accomplishments, which is to be applauded.

Sophomore and junior year were amazing seasons for Lee while at Williams. Placing 19th at Cross Country Nationals junior year, Lee became an All-American runner. Continuously getting better and stronger, Lee ran in the Steeplechase, and 3000m in track. For those of you who don't know, the Steeplechase is 3000m of thirty five hurdles and seven water pits. Though never falling fully into a water pit, Lee admitted he definitely splashed a lot and knocked over a his fair share of hurdles at the end of the race until he got the hang of it. In the spring of his junior year, at Track Nationals, Lee fell over the last hurdle. In his words Lee says, "I wasn't being extra smart and didn't save enough for the

year. Placing third at regionals in New England's senior fall was a promising start for a great season. Later on in the spring of 2014, Lee went on to place fifth at Nationals in the Steeplechase and finish in twelfth place at Nationals, which was two places away from being All-American in Track, which occupies the top ten spots. Lee gives all of the credit for his success in the steeplechase to his coach, Pete Farwell. Along with having the dexterity from being a soccer player.

At Williams, Lee majored in English as well as being pre-med. He describes his college self as the typical liberal arts student. He wrote a novella for his English major, where the characters were high school runners at a prep school: a Connecticut prep school. And of course, there was a love triangle between high school runners, because as he has said words, "there's always a love triangle."

After Williams, Lee decided to come here to the island and teach. He says he always imagined himself becoming teacher at Loomis, in the back of his mind. He remembered the rela-

community because I get to give back in a way that I couldn't have done as a student: intellectually. I get to help students grow intellectually rather than being the one to soak it all in. So I'm really excited to get to use all the knowledge I've gained at Loomis Chaffee and then Williams. Especially on the coaching field. There's a lot of practical knowledge to share."

And there is. One of the most important things that Coach Lee has shared with the girls on the cross country team is about butterflies. "It's normal to get butterflies. Butterflies represent the adrenaline in your body taking form and they can help you. The trick is getting your butterflies to fly in formation." And with help from Coach Lee this season, the girl's cross country team is definitely showing that their butterflies are flying in formation. Having won Canterbury and the Choate Invitational along with all of their regular meets, LC XC girls are undefeated so far in the season. And I find it hard to believe that Chris Lee returning as a coach has nothing to do with that fact.



PHOTO COURTESY OF SHUTTERSTOCK

## Fútbol, not Football: Learning to Love a New Sport

BY SAM GOLDFARB '18  
Contributor

Football? No, you should be watching fútbol! Many Americans enjoyed watching the World Cup this summer. However, it seems like most of us in the United States do not realize that the same soccer stars play most of the year in Europe in many competitive and exciting leagues. As Americans, we think that the only "real" leagues around are the NFL, NBA and MLB. That is not true at all. From an international standpoint, the European soccer leagues have a much broader viewing audience than the popular American sports leagues.

Every country has its own soccer (a/k/a "fútbol") league. The best teams from each league compete in a tournament called the Champions League, which has a very similar structure to the World Cup. The winner is considered the champion of Europe. This year, Real Madrid defeated Atlético Madrid 4-1 in the Champions League final. By coincidence, both teams happen to play in the Spanish League and are cross-town rivals.

There are many interesting personalities in American

sports. For example, the NFL has Richard Sherman, who verbally attacked Michael Crabtree on national television at the end of this year's NFC Championship Game and has little hesitance in declaring himself the best at his position. The NBA has LeBron James, who incited riots when he left Cleveland for Miami four years ago, but despite all the resentment he incited, he was welcomed back to Cleveland for this coming season because he is "The King." These players may be interesting, but the personalities of the European soccer stars are just as colorful.

Just like our sport's heroes of Michael Jordan, Kobe and Peyton, the best soccer players in Europe can be identified with one name. Messi, an Argentinian forward who plays for Barcelona in the Spanish League, is known as the Golden Boy of soccer. He has a spotless reputation, and every team in Europe would love to pay for his services. Fans across the world proudly wear his jersey and practically worship him with cheers at every game. Messi has been awarded soccer's "Player of the Year" four times.



OLIVIA MCCAUGHEY '16 FOR THE LOOMIS CHAFFEE LOG

The other major face of European soccer is the Portuguese star Ronaldo, who plays for Real Madrid. Nearly the entire female soccer-watching population of the world would tune in

just because of his appearance, but Ronaldo also happens to be an incredible athlete. Thought, he is also exceptionally arrogant, and almost every time he scores an important goal, he pulls off his

shirt to show off his chiseled physique to his adoring fans. As a gift to his mother country, Ronaldo built a museum about himself in his hometown; what a guy.

Then there's Zlatan Ibrahimovic ("Ibra"), the Swedish striker who currently plays for Paris Saint-Germain in France. Ibra is a bit of head case. In 2004, he punched his teammate Mido in the locker room. In 2010, he got into a fistfight with a different teammate during practice. Doesn't it sound like he has a bit of a temper? That's not even all of his controversies! In 2011, Ibrahimovic kicked his own teammate Antonio Cassano in the face during Cassano's post-match interview. The only reason why teams put up with him is because he is one of the best players in the world.

Lastly, there's the cannibal Luis Suarez. The Uruguayan player, currently on Barcelona, has bitten three players over the course of his nine-year career. His most recent victim was Giorgio Chiellini of Italy during their World Cup match. Despite the multiple cameras that captured his mid-game snack, Suarez claims that he tripped and

his teeth inadvertently came into contact with Chiellini's delicious arm. Suarez may not be the best player in the world, but he sure seems to be the hungriest. He is currently serving a multi-month suspension for his toothy antics, but he will be back on the pitch on October 27, 2014. Hopefully his next snack won't be Ronaldo, since that would mar Ronaldo's perfect appearance, of course, which is all that matters, obviously.

The European soccer fans are even crazier than our American sports fanatics. Here, our fans make a large amount of noise, sometimes paint their faces and occasionally taunt the opposing players. In Europe, the fans are so serious about their sport that riots sometimes break out in the stands, and police intervention is necessary to pacify the crowd. You don't typically worry about being sprayed with tear gas when attending a Patriots game at Gillette Stadium.

Look what you are missing out on! Watching the NFL may be fun at this time of year, but you should check out some real fútbol and give European soccer a try. If you want to know if the players over there are any good, just ask Ronaldo.