

## LC Fighting Against Climate Change

Are Pelicans making a difference for Mother Nature?

EDITORIAL | PAGE 7



PRSR STD  
U.S. POSTAGE  
PAID  
MONROE, CT  
PERMIT NO. 140

### CAFFEINE — A STUDENT'S BEST FRIEND OR A HARMFUL DRUG?



JUWON JUN '14 FOR THE LOOMIS CHAFFEE LOG

## Students are sleeping later than ever.

Caffé Americanos, lattes, iced coffees, espressos, and even caffeine pills. Is the stimulant threatening the health of LC Pelicans?

FEATURES | PAGE 5

## Malfunctions with Obamacare: Online and On Campus

BY SAM COX '16  
Staff Writer

The United States government is the only institution in America where people work against each other. At least, that is what Mr. Dan Corjulo, the head of the Loomis Chaffee I.T. Department, stated when asked why the problems with the new Affordable Care Act website and system are not being resolved. It is the same thing we saw when the government shut down earlier this year, the same thing we have seen in the debate over sensible gun legislation, and the same thing that has fueled our democratic system since our founding fathers created it: political, eristic arguments instead of the dialectic discussion the country needs if it want to see progression and improvements.

Mr. Corjulo also discussed the recent and very controversial issues our government is currently dealing with in regards to the new Healthcare system Obama signed into action in 2010, widely known as Obamacare. For Obama this new system was already the target of criticism from his Republican adversaries, especially in his 2012 campaign for reelection, and with imperfections like these, Republicans will not be backing off anytime soon. Since the Supreme Court passed it into law in 2012, House Republicans have tried to defund Obamacare 46 times, never yielding success. Changing the country's current healthcare system is a daunting and demanding task, one that has plagued the administration with missed deadlines, delays of certain programs, and now technical glitches in the website that would otherwise allow people to obtain the Healthcare they have been waiting for.

Millions of citizens visited the website www.healthcare.gov to buy the health insurance they had been promised would be available to them by the Obama administration time and again. Millions were let down.

"The department is not where we need to be," says Democrat and Health and Human Services secretary Kathleen Sebelius, who is at the center of this issue. In the meantime, Republican criticism rises, primarily towards the President and Sibelius. Texan Senator Ted Cruz is reported to have proposed that people like Sebelius, easiest to pin the blame on, should be fired.

CONTINUED ON PAGE 2

## Parents' Weekend: Senior vs. Freshman Perspectives

Karen Cha '14:

Plot Twist: I have two moms. Or at least, that's the view that most people adopted upon seeing me bounding from class to class with my mother, and then watching in utter and complete confusion as Kevin trailed another woman throughout his academic schedule. When Sarah Breckinridge ('14) approached me in the library with armloads of compliments about my lovely mother she had met in her AP Literature class, I found nothing suspicious. I happen to be among an apparently waning crowd of teenagers that are extremely proud of their five-foot-three, extremely tiny, and extremely adorable mothers—no matter how embarrassing. It was

not until I realized that dearly beloved Mother had been in my Latin class first period, and not in a seminar with Mr. Scanlon, that I realized my faux pas. At the age of 27, my cousin was horrified that she could pass as the mother of one 17 year-old, let alone two.

One of the main reasons I love Parents' Weekend has nothing to do with the parents, and everything to do with the assumptions. Just as students puzzled over the relationship of the two women, arm in arm, following me to orchestra rehearsal, we all made our fair share of inferences about each other based on our parents. Warning: so called "orphans for the day" are most dangerous, highly prone to gossip. As much fun as it was to see the look on

A WEEKEND IN RETROSPECT, PAGE 6

## We are Never, Ever, Getting Back Together

How The Loomis Community has Adapted to the Absence of Kent Day



LC plays Avon "under the lights" on Sep. 14

BY MADDIE BROWN '15  
Contributor

At the end of fall term, a certain sense of excitement engulfs Loomis students as spirit week costumes are chosen, dorm posters are displayed, t-shirts are designed, and the athletes and fans of Loomis Chaffee sports prepare for the upcoming weekend. While most of these traditions continue on, however, one has come to an

end. This fall marks the end of the 65-year long spoon tradition, where the Loomis football team plays The Kent School with the goal of winning the silver spoon that was originally taken from our headmaster Mr. Batchelder in 1921.

Many of you may feel as shocked and confused as junior Gaby Foti, who asks, "It ended? But, why?"

CONTINUED ON PAGE 8

## Editor's Picks

### Ace Those Exams!

Jean Lee '15 offers advice for all Pelicans, young and old, on how to correctly deal with your fall term exams. Freshmen- this is definitely something you should read.

PAGE 6

### Halloween at LC

October 31 is traditionally a huge day at Loomis, and this year was no different, with highlights ranging from "Boofest" in the dining hall to fac-brats trick-or-treating.

PAGE 8

### Cutest Roomates: Volume 3

Wearing nightgowns and drinking tea? Just a normal Sunday night for Seniors Charlotte Giroux and Caroline Dodson....

PAGE 8



# Malfunctions with Obamacare: Online and On Campus

Continued From Page 1

But others have different theories about the true source of all the website's difficulties. Corjulo, known for his expertise in the realm of technology, explains the technical mess.

"The problems are all in the code," he says, "and therefore lead to things like faulty navigation and the inability to set up an account."

Fortunately, coding problems are a simple fix in most situations. But because so few people know how to write complicated code, the government has struggled with hiring the qualified personnel needed. The same subset of proficient coders are valued at Silicon Valley tech giants such as Facebook and Google, where their time will undoubtedly be more valued and therefore be paid exponentially more. These un-

dermining challenges only support Republicans' petulance over shutting down the site. Even as a supporter of Obamacare, which will allow him receive care for his daughter with Cerebral Palsy and Epilepsy, Mr. Corjulo says, "I'm not surprised it's been a train wreck" adding that, "After a year this won't be a story."

Some may ask the question, although there is no way our country's healthcare system could be determined with a paper and pen, are we overusing technolo-

gy? The technical difficulties with Obamacare are directly parallel to some experiences on campus. The latest and most troublesome tech problem is one our seniors and college office have been battling: the common application website malfunctions. At forty-six colleges, and counting, were forced to postpone their applica-

tion deadlines due to the inability to cut and paste from Microsoft Word and a lack of information about necessary facts such as word limits in essay lengths.

Additionally, because the country has become so dependent on technology, most colleges will not allow applications through the mail, eliminating the traditional paper option and forcing applicants to endure the technical difficulties of the common application.

Loomis has played its own role

in this new age of technological advancement, possibly abusing the technology available to our systems. The main point of contention: Veracross. Many stu-

dents support the use of Veracross as a way of keeping up with points earned on assignments and assessments; Student Council is even pushing for a rule that would require teachers to regularly update grades on Veracross. Mr. Corjulo adds that a system such as Veracross is absolutely necessary for matters that most of the community does

not see, especially issues regarding security. Needless to say, all of the school's information has to be stored well, and cabinets just would not be cutting it in

sources they are given. Students who do not support the use of Veracross contend that checking their grades everyday would only add to their ever-increasing

stress levels—teachers who wish to avoid influxes of concerned student emails inevitably agree.

Loomis used to have PCR, a now outdated system before the days of Veracross. According to Mr.

Corjulo, deciding on switching systems and creating a budget for the upgrade was relatively simple. Loomis enjoys a degree of flexibility over the school's form of authority and government. Here, everyone is working for each other.

"At Loomis, everyone who has to make decisions are in the same room; the government can't do that," says

Mr. Corjulo, commenting on the school's policy system.

The IT department is currently looking at a new, faster system for Wi-Fi, because the current system has been lagging. At this rate, soon enough, Mr. Corjulo and his department may propose an upgrade that could easily be up and running before anyone is able to purchase healthcare.



Supporters for Obamacare gather to applaud the President

PHOTO COURTESY OF AP IMAGES

## Sustainability at LC

BY MICHELLE CHOI '16  
Staff Writer

On top of coaching the girl's varsity soccer team and teaching physics, the Hinches (or the Gwyns) have been and continue to be leaders in the Loomis community, spearheading the switch from multi to single stream recycling, introducing the Green Cup challenge, helping to maintain the chickens, and implementing shower timers in Harman.

Having earned her degree from college in environmental science, Mrs. Hinchman has always been keenly aware of the importance of living green. On top of that, her parents have always put great emphasis upon her family's impact on their environment. The Hinchman family would go away on vacation to places with few modern commodities. All of these factors led her to wonder, "If I could spend all those weeks away from technology, then why not cut down at home?"

The entire family meticulously recycles, turns all the lights off when not in use, and hangs up clothing because appliances that require heat, like dryers, take up an immense amount of energy while also controlling the temperature inside their house by drawing shades. Over the summer, Mrs. Hinchman also used the faculty garden to grow tomatoes, strawberries, herbs, and brussel sprouts. She has even extended her green thumb towards Harman, and placed hourglasses that run out in five-minute increments into all the showers. Another very important thing that she does is pay strict attention to the use of vampire energy.

Vampire energy is the electricity that an appliance uses even when it's turned off. It sounds physically impossible, but the time displayed on the microwave screen and the little red and green lights in living room that make it look like you're in a spaceship at night are all examples of vampire energy. Anything that has a remote, a light, or a clock is constantly using vampire energy. Also, transformers, better known



Mrs. Hinchman poses outside the Greenhouse

brushes, for example, could refrain from charging them every day. Instead, we could charge them perhaps once or twice a week. Phones are no different. Students are fully of aware of ways to increase battery life: lowering brightness, turning on Wifi, not constantly being on Facebook or Instagram. Furthermore, leaving phones plugged into chargers decreases battery efficiency, especially if the phone is already fully charged.

Combating all of these energy deficiencies seems incredibly daunting, but "The secret is in baby steps" as Mrs. Hinchman says. "Change the little habits, they'll add up." Those of us with electric tooth-

brushes, for example, could refrain from charging them every day. Instead, we could charge them perhaps once or twice a week. Phones are no different. Students are fully of aware of ways to increase battery life: lowering brightness, turning on Wifi, not constantly being on Facebook or Instagram. Furthermore, leaving phones plugged into chargers decreases battery efficiency, especially if the phone is already fully charged.

Though changing little habits individually will make a monumental change, it is obviously important to also create larger green changes as a community. Even with the switch to single stream recycling, one big issue on campus is the proper disposal of trash and recyclable items; it takes one careless person to contaminate an entire recycling bin. Two people take out all the trash from the dorms each Monday, which may take anywhere from four to eight hours. The impact of the individual becomes crystal clear when a whole container of recycling effort goes to waste because of one carelessly left over box of Chinese food.

It is clear that our environment is changing. Although being green can be inconveniencing at times, it is important to overcome the laziness within us and change our habits for a greener tomorrow.

Mrs. Hinchman said that "If you could see, you'd Change, it's just hard for everyone to see it." It is difficult for us to comprehend exactly how much of an impact we as individuals make, let alone the impact of us collectively. What keeps people like Hinch going is a firm belief that "actions now will make the earth a livable place fifty, one-hundred years from now."

## Freshmen Partake in Annual Community Service Day

BY ISABELLA EPSTEIN '16  
Staff Writer

Our youngest pelicans, otherwise known as the class of 2017, ventured off the Island on an adventure on Wednesday, October 16th. While sophomores and juniors were required to sit through the lengthy Preliminary Standardized Aptitude Test (PSAT) and the overly stressed Seniors worked on their college applications, the freshman class took on a different sort of challenge: one of simplicity, the reward for which was greater than most. Almost all 127 students participated in a variety of community service projects that day. Each and every student truly represented our school in its finest moments. Eager, excited, and more than willing to lend a hand, our freshman class was split into nine groups, each of which tackled a different task.

This event, among many things, ultimately affirmed the Loomis Chaffee School's mission of instilling and inspiring within students a commitment to the best self and common good. Likewise, it taught them the importance of understanding that the world beyond our own requires our attention, and that giving in many cases can be more rewarding than simply receiving. The community service day also allowed the students to witness for themselves the fruits of their labor, and provided many with a great sense of satisfaction.

Based on the success of the idea born last year through Mr. Freihofer and the Center for the Common Good, the coordinators decided to hold the event once again. With the help of many, including Mr. Donegan, Mrs. Lombardo, and Head E-Proctor Biri Guerrero '15, the day was pulled together

er an the logistics sorted out. This year, however, the outcome was even greater.

Mr. Donegan says of Guerrero, "striving to make Loomis as environmentally friendly as possible, Biri played a large role in the coordination of this event, taking the initiative and grabbing it with eager arms."

A myriad of assignments were allotted to the youngest of the Loomis community. Of the several tasks that students tackled throughout the day, some students cleaned up parks, some went to elementary schools, some hosted letter writing campaigns, and still some others did gardening and composting work on our very own campus. All of these activities were designed to relate to our school theme of sustainability and "doing what you can with what you know." It also served the purpose of introducing the concept of "giving back," something Loomis values very dearly.

Though Loomis' list of good qualities is extraordinarily large, our most important quality the strength of our community. Our community often finds itself in situations in which it comes together to stand as one, and, unsurprisingly, the Freshman Community Service Day is just one such event. Several different people pitched in along the way to make sure that the day was a hit. The team was comprised of twenty faculty members, ten seniors, and three post-graduates, all of whom were volunteers and thus kindly gave up their free days. Each group of students was assigned faculty and a senior, who worked on the projects with the students.

At the end of the day, when all the hard work was done, the freshman class made an epic return to the Island with a cookout, led by head chefs

Mr. Barker and Mr. Pond, and PG's Mustafa Anthony, Liam Farley, and Austin James. "It was great to be able to feed the young pelicans as they returned from their trips, and I was pleased to hear about the differences they made," said Dean Barker.

The Community Service Day is intended to become a tradition, and to also expand. "Next year I hope to get even more faculty involved and maybe some more seniors" says Mr. Donegan. This event also creates coveted leadership opportunities and allows students to get involved, on the Island. When asked about the significance of the event, Mr. Donegan responded, saying that "In a subtle and humble way, it showed them that the little things count, and it's good to look out from themselves even if it is for a day."

"Much more community outreach and civic engagements will most definitely be present in our school's future," explained Mrs. Lombardo, "but for now it's planted a seed of passion for helping those in need."

Beyond this one-day tradition, however, Loomis Chaffee has always had a commitment to bettering the community at large. From after-school community service activities that bus students the greater-Hartford area, to independent student service organizations on campus that meet on the weekends, helping others is a pervasive attitude that students and faculty alike share.

The concepts of compassion, sustainability, and hard-work are sure to stick with this class for years to come, as it has with previous classes that have participated in this annual day of giving back to the community and Loomis Chaffee.

# Dr. Liu Holds Genomics Lecture for Adv. Biology Students

BY FREDERICK MUN '14  
News Editor

On Tuesday, October 29th, at 7:00 PM, Dr. Edison Liu, President and CEO of the Jackson Laboratory (and Summit Liu '14's father) gave a presentation on Genetics to the students in Advanced Biology II Classes. The lecture covered a variety of topics from the history of genomics, to the controversies over human genome manipulation. Like the topics covered in the lecture, Dr. Liu's pursuits have been numerous, as well, covering subject areas including, genomics, human genetics, translational medicine, molecular epidemiology/chemistry, and cancer biology.

Dr. Liu has focused especially on the functional genomics of human cancers in his own research, in particular, breast cancer. In fact, as the President of the Human Genome Organization (HUGO) from 2007-2013, he wrote numerous papers, and received many honors and distinctions, through his work with cancer biology.

In a recent email exchange, I asked Dr. Liu questions about his life, his success, and Loomis Chaffee.

Q: Tell me a little about yourself, Dr. Liu.

A: Well, I was born in Hong Kong, China and immigrated to the US when

I was 5 years old. I grew up in San Francisco and went to college at Stanford University where I studied Chemistry and Psychology, and then to medical school, also at Stanford. I trained in internal medicine at Washington University

St. Louis, oncology back at Stanford, hematology at University of California at San Francisco, and then did my post-doctoral research at UCSF in molecular oncology. My mentor

there was J. Michael Bishop who won the Nobel Prize in 1989 for the discovery of oncogenes. I started at the University of North Carolina at Chapel Hill as professor, and then in 1996, moved to be the scientific director at the National Cancer Institute in Bethesda, Maryland where I ran the translational sciences units there. In

2001, I started the Genome Institute of Singapore and led the genomics enterprise for the country. That is where Summitt (his daughter, currently a senior) grew up. In 2012, I assumed the position of the President and CEO of

I read a lot too.

Q: How did you organize this lecture with the school?

A: I thought of the core messages I wanted to present and then filled in

the details. I then finally run the talk through and refine it for the pace and cadence of the narrative.

Q: How well do you think Loomis prepares students, especially those interested in science?

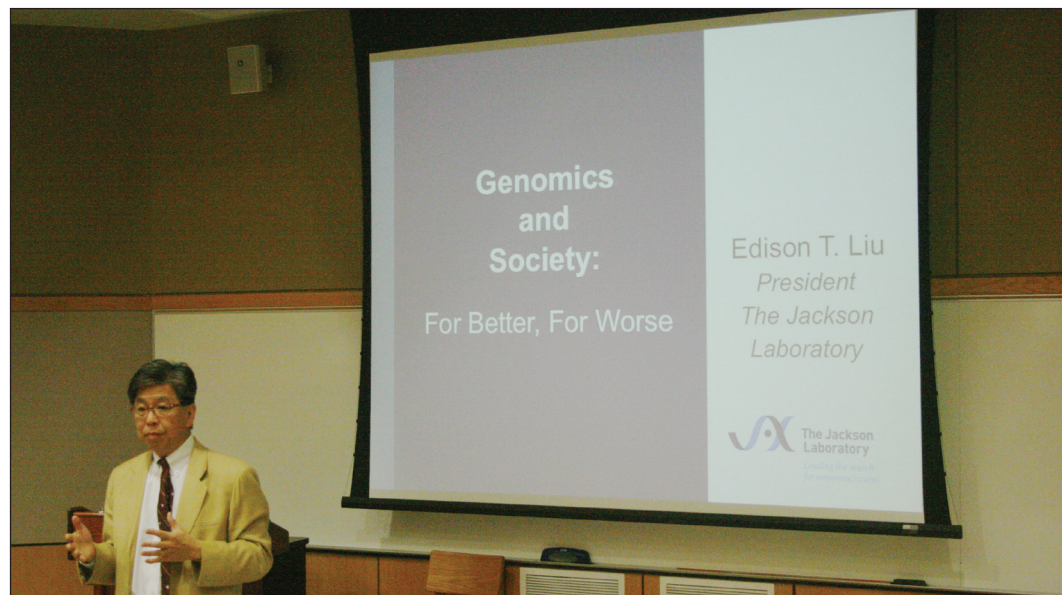
A: Loomis is great. The curriculum is rigorous but has a strong sense of integration of the facts and the concepts. This is so important to have meaning in examining apparently random looking data.

Q: What is your advice to students who wish to study biology beyond the high-school level?

A: I would say that you should read widely in a large range of scientific material from Scientific American, to basic science journals, and medical journals if nothing else to get a feel of the disciplines. Read for pleasure more than to read as homework grind. Attend science lectures. Even if you may not understand much, the general concepts will sink in and familiarity with the units being discussed will help.

Q: What is your opinion on the human genome project?

A: The Human Genome Project is one of the greatest enterprises of the 21st century.



Dr. Liu presents his lecture at the Gilchrist Auditorium

PHOTO COURTESY OF HARRI KANWAL '14

the Jackson Laboratory. I enjoy traveling with my family and experiencing new adventures (latest safari in Tanzania, horseback riding in Mongolia, climbing mountains in Yunnan, and seeing traveling through Bhutan. I play jazz piano and have had a lot of fun playing with Summitt's older brother, Ashton (who plays the bass).

ment of the possibilities in genetics in solving so many of our health and human sustainability problems. Second, that they want to pursue the field a little deeper – not as a major, or a profession, but as an interested citizen. And finally, that their youthful imagination of what can be done will be as important as having domain knowledge of the field. The discover-

## Halloween on the Island

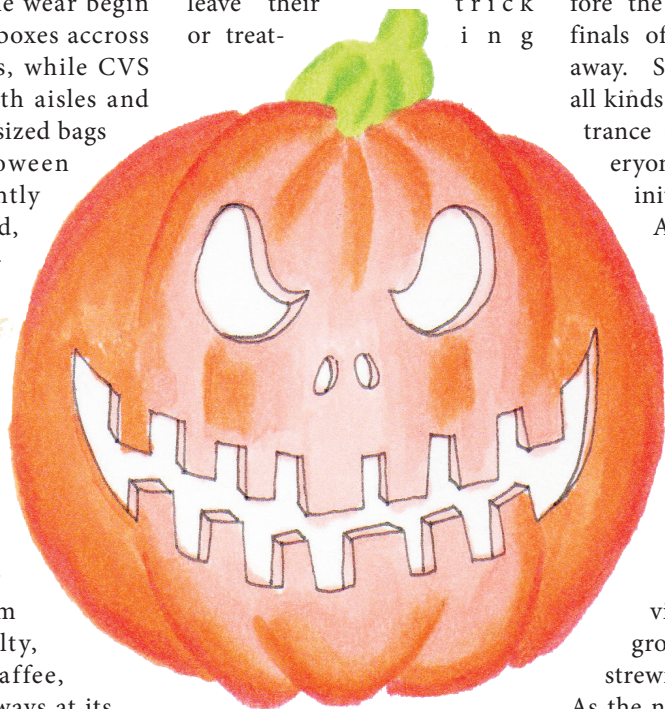
BY AURELIE LIU '16  
Staff Writer

That time of year has come and gone once more. The small pumpkins that have been sitting on top of the dining tables since September for no apparent reason have finally served their purpose. Emails regarding appropriate costume wear begin to trickle into inboxes across student accounts, while CVS became filled with aisles and aisles of colossal sized bags of candy. Halloween is not taken lightly here on the Island, and accompany-

ing everyone's excitement and eagerness is an abundance of activities organized by the school. From faculty, Founders to Chaffee, the campus is always at its liveliest, and spookiest, on this cold October day.

The dining staff certainly did not intend on passing up an opportunity to put a twist on an everyday meal. This year, with "Boo Fest", dining hall staff certainly did not disappoint. Right at the entrance of the dining hall lay a mummy in a coffin surrounded by spiders and cobwebs. If one dared to venture farther into the dimly lit room, students found a giant chocolate cake shaped into a skull. The food served was just as impressive, from bright green sauce to jet-black beets; the whole room screamed Halloween. In the room, a projector played a video of a talking devil accompanied by eerie music

in the background. There were even piles of candy laid out on top of every table, in case the giant cake wasn't enough. Fac-brats in guises of ghouls and superheroes flooded the quad as dorms were opened for trick-or-treaters, as were all the houses on Faculty Row and even Brush. Although many Loomis students had to leave their trick or treat-



NATHA SIGHASANEH '14 FOR THE LOOMIS CHAFFEE LOG

days behind them, they discovered something even better than receiving candy: giving it. Many students offered to man doors and help to pass out candy. Others were content to hear the occasional "Trick or Treat!" from the confines of their dorm rooms.

Each dorm was given some pumpkins and a singular assignment: to carve them. Students labored in common rooms for hours, cutting out guiding pictures and sawing out designs with flimsy carving knives. Through their own sweat, blood, and tears, the pumpkins were done and placed outside to be admired by the public. Many

students had never carved a pumpkin before; this activity not only fostered dorm bonding but also gave many students the chance to try something that they had never tried before.

To put a climax on the momentous occasion, the Junior class organized a Halloween dance to give students one last glimpse of nonsensical fun before the harsh snow and fall finals of November buried it away. Students showed up in all kinds of costumes at the entrance of Shimkus Gym. Everyone that entered was definitely a sight to be seen.

As groups ventured forward, a student photographer, who was situated by the door, photographed everyone in their costumes. Inside the dance was a projector playing a vintage film in the background, as well as candy strewn all over the floor. As the night wore on, and cats danced alongside statues of liberty and construction workers danced alongside lifeguards, the dance gave one last exclamation of joy to Halloween, allowing students to return to school and classes with monsters and fairies out of their system.

Halloweens at Loomis rarely, if ever, disappoint. Despite the weight of academics and athletics, there is always time to be found for such traditions. From students to staff, everyone is willing to contribute to this celebration. It is events like these that truly show the core values of community and camaraderie amongst the Loomis community. The only downside is that next Halloween is an entire year away.

## "The Hemlock Project" Performs in Hubbard

BY PHUONG BUI '16  
Contributor

On Thursday, November 7, our school was honored to host "The Hemlock Project: Connecting New Music and Environmental Science." Along with the school theme this year, which focuses on the environment and climate change, "The Hemlock Project" presents some creative ways of expressing the same theme, namely the significant connection between music and nature.

The recital started with Robert T. Leverett's presentation. Robert is currently the Executive Director of the Native Tree Society and the co-founder and President of Friends of Mohawk Trail State Forest. In his presentation, complete with anecdotes about his Southern accent and an impressive set of credentials, Leverett introduced the beloved eastern hemlock trees and the immediate threat that they face from the Hemlock Woolly Adelgid (HWA). HWA is a type of fungus that feeds on the shoots of the hemlock tree and causes the hemlock to stop growing while also injecting a toxin. In his speech, Robert expressed his view about the protection of these native trees. In a map shown to the audience, Robert indicated the predicted range of HWA in a few years, a distance that would cover most of the northeastern forests. The severity of HWA lies in the fact that hemlock trees are undeniably important to the lumber industry of the country. To conclude his speech, Robert emphasized the need to control the steady expansion of

HWA, and gave out some possible methods for the problem; namely systemic injections of pesticides, use of insecticidal oils and soaps, and biological controls. He is currently putting his best efforts in working on building society awareness through Eastern Native Tree Society, an organization that focuses on the preservation of trees and natural life, established in 1996.

Following Robert's discussion in the program was composer and artist Michael Gatonska. Gatonska has written music performed by the Minnesota Orchestra, the Hartford Festival Orchestra, the American Composers Orchestra, the Pacific Symphony, among many other groups worldwide, and won several national awards for his compositions. In his presentation on the Island, he presented records from his membership in the Native Tree Society. These recordings gave the audience a chance to listen to peaceful sounds coming right from hemlock soundscapes in Catlin Wood (Litchfield, CT). With these pieces, Gatonska hoped to give the audience a sense of the importance of soundscape recording and a deep listening experience in an effort to advance the development of his personal artistic vision: combining his passions for music and nature. True enough, the audience was enraptured by the harmonious and peaceful sounds coming from the trees, recreated by the blessings of modern technology in Loomis' own Hubbard Auditorium. Several students also commented on the way the colorful, psychedelic visuals accompanying the

recordings seemed to mimic the rhythms of the rustling trees and bird calls.

The recital then featured a fifteen-minute excellent live performance by The Frontiers Cello Quartet, commissioned by the Connecticut Commission of Art. Titled "Beneath Hemlock Tabernacles," this composition featured the experimental sounds of four cellos, layered in harmony and precision with the pre-recorded sounds of the hemlocks. Unconventional techniques, including slashing the cello bows through the air to create a whipping sound and tapping the wood of the cello like a drum, drew both shocked and awed responses from viewers. The members of the crowd who were familiar with string instrument techniques leaned forward as to understand how each cellist was creating their unique sounds, while the less-musically experienced simply sat, soaking in the experience. At the end of the performance, the quartet earned a rightly-deserved, exceptional round of applause from the audience. Students exited the hall in excited whispers.

"I hope there is a greater sense for students of the connectedness of environmental issues to their own lives, especially because this [issue] is happening right in the backyards in Connecticut," said Faith Miller, head of the Music Department and coordinator of the project. "I also hope it gives them a glimmer of an answer as to what they can do with what they know about environmental sustainability and climate change."

## Fall Dance Showcase: That's A Wrap!

BY JOHN KIM '15  
News Editor

The recent dance showcase did exactly what its name implies: it showcased some of the incredible dancers on the Island. Led by Kate Loughlin, the girls (and boy) of LC's dance program began with a strong opening number last night on Thursday, November 7th, and carried that initial burst of strength on throughout the rest of the performances. The fall dance showcase has recently been established as a campus tradition, serving as the shorter sister performance to the culminating dance show of the year: the spring term Dance Revue. Last year, however, the showcase did not occur on account of Hurricane Sandy preventing many day student performers from reaching campus. The dancers clearly

wanted to make up for lost time, and as a result, put on a fantastic show.

The show itself began its opening number with an Irish step-dancer, Taylor Lynch ('16), outfit complete with a ridiculously puffy hairdo that bounced with her leaps and fancy footwork. Next was a solo from Biri Guerrero ('15), a more modern performance, which was in turn followed by a ballet troupe, a duet, Dance Company One, the LC Hip-Hop Club, and Dance Company Two. All of these groups brought their own flavor to the showcase, and created a show that jumped around from style to style, showing off different varieties. The result of this blending was a show that kept audiences both viscerally and intellectually engaged. Unsurprisingly, it was entertaining to watch the flashy twirls and pirouettes of the

more upbeat pieces. However, the slower and more emotional performances captivated audience members, as well—forcing viewers to question the greater meanings of specific movements. The constant variation in genre also kept viewers on their toes as performances ranging from ballet to hip-hop were shot out, one by one. From Irish jigs, to bubblegum pop, and to James Brown preceded indie rock, the music choices also made the dance showcase highly enjoyable to watch. Additionally, the costumes contributed greatly to the show—bright, flashy, and occasionally solemn, they made the dances even more visual by adding another component to appreciate.

We commend all who were involved in the recent Dance Showcase, and look forward to Dance Revue in the spring.

## Write for the Log!

It will look great on your college application!  
.....We promise!

Contact any of the editors, or email  
log@loomis.org

## Cutest Roommates: Caroline Dodson and Charlotte Giroux

BY QUINN SCHOEN '14  
Features Editor

If you ever glance at Mason's windows, you might catch sight of two 18-year old girls clad in 19th-century appropriate lace nightgowns, sipping tea, and binge-watching Grey's Anatomy. Their window isn't any regular window, it is the one with the kitschy tiki sign of a parrot cawing "It's 5 O'Clock Somewhere" leaning against the blinds. This is the world of, as Caroline Dodson '14 and Charlotte Giroux '14 coined it, M2C^2. If you missed it, M2C^2's door was previously plastered with an old-time photo featuring a bath tub, corsets, and an intriguing offer for gentlemen callers (side note: don't judge— those themed-picture tourist traps are actually amazing, not gonna lie that I've taken my fair share). Now, in its place, you can find Charlotte's head on a picture of Ludacris, Caroline as a shaved bear, their number from a recently ran nighttime-rave 5k, and a Banksy print of grandmas knitting "Thug for Life" onto their sweaters. As this edition's Cutest Roommates, the two sat down with me on the balcony of Olcott to delve into their lives, friendship, and affinity for the hits of Ja Rule. Meet the self-proclaimed Kimye of the senior class: Charlotte and Caroline.

*How did you guys meet?*  
Caroline Dodson (CD): On a random night in Flag.  
Charlotte Giroux (CG): It was raining— so it was dramatic. It was just an instantaneous relationship; it didn't evolve overnight, it was just like boom.  
CD: Love at first sight.

*If you guys could explain each other in one word, what would it be?*

CG: Bodacious.  
CD: God damn it, that's what I was going to say.  
CG: We've been having a lot of the same ideas lately.  
CD: Roommate telepathy.  
CG: Like the other day both we pulled a prank on Nana because we thought of it at different times.

*What was it?*  
CD: To steal all of the shirts Nana got for Spirit Week and hide them in our room.

*Did you?*  
CD: Yeah, and she almost killed us, but, you know, shit happens.

*Where are you originally from?*  
CG: The WC.  
CD: Boston slash Wyoming.

*When I think of Wyoming, a lot of tumbleweed and cowboys come to mind, what is it like out*

*there?*  
CD: Yeah, I actually live on a giant ranch where we have to cultivate our own food. 5am every morning we're out milking

CD: I second that.

*What are some of the fun traditions in your room?*



Caroline Dodson '14 & Charlotte Giroux '14

the cows, even milking the goats when the cows dry up.

*What is your least favourite thing about having a roommate?*  
CG: Not being able to be straight up naked all the time.

CD: Nightgown night, for sure.

*Nightgown night?*  
CG: Every Sunday we wear nightgowns.  
CD: And drink tea.

*Charlotte, is this preparing you to be an old cat lady?*  
CG: Dogs. They will be dogs.  
CD: She hates cats.

*Do you have a favourite faculty dog?*  
CD: Ms. Silver's dog— she's a huge basset hound.  
CG: Definitely, her name is Daisy; she's the only dog that loves me.

*How would you define the aura of your room?*  
CG: It's just about the chilliest—  
CD: Purple!  
CG: What?

*So I was in the Quad a couple nights ago and I saw that there was basically a club set up in your room, is that just another average night in M2C^2?*

CG: Our room is just about the chilliest room on campus— we have a disco ball.  
CD: When people don't want to do their homework they come to our room. We have spontaneous dance parties.

*So what type of music are we talking about at the parties? 80s? Miley Cyrus? Some trap and or hard rap?*

CD: There's a lot of Spice Girls, it's probably our top playlist.  
CG: Spice Girls is our go to.

CD: There's a lot of Ja Rule, not gonna lie, and a lot of Ludacris, our song of preference is "One More Drink," and, obviously, Beyoncé.

*As in Destiny's Child Beyoncé or modern Beyoncé?*  
CD: Both.  
CG: Every kind of Beyoncé. She's our spirit animal.

*How do you feel about baby Blue?*

CD: Are you kidding me? She's like my own.  
CG: There's a picture of Jay-Z holding Blue up in their pool or something— it's my computer background.

*The 'It's 5 O'clock Somewhere' sign outside your room— your mantra?*  
CG: That's our room motto.

*What has been your most embarrassing underclassman memory?*  
CG: My entire sophomore year.

*Okay, so I think we all know the question the readers have been waiting for— Backstreet Boys or 'N SYNC?*  
CG: Backstreet Boys.  
CD: The Backstreet Boys are back.

## WHERE IS LC'S "PELCAN PRIDE"?

BY EMILIE SZEMRAJ '16  
Staff Writer

If you picture a typical high school football game, you may think of wild cheering, a marching band, a cheerleading squad, and the roar of the crowd right after the last-minute touchdown is made. If you visit any typical public high school, that is the scene you will find. But at Loomis, we're a bit different.

Despite our big focus on pelican pride and peer support, we are unusually quiet at sports games. Most sports other than football or hockey don't even attract a crowd at all. Even at games where there is a big emphasis on cheering, many people don't stay for the whole duration, instead staying for a bit then leaving at halftime.

When asked about her attendance at football games, a boarder confided, "I don't go to many football games because I have other things to do that are more important than cheering." The student wished to remain anonymous, but also disclosed that she thinks that "sports games are more for socializing... than cheering." The student said that she didn't have much school spirit, besides during Spirit Week or when throwing on a pair of LC sweatpants, and she did not feel that her peers were supportive, either. "It's important to have the feeling that all the teams are supported, but it's funny because not all of them are, especially not the thirds teams." She wasn't alone in thinking that we have an unequal distribution of peer support.

Mollie Richter '15 agrees that LC has a biased school spirit. "I think that, as a school, we hold varsity level sports superior over others, and cheer for them more. But really everyone is skilled in his or her own way and should be equally supported." As for general school spirit, Mollie thinks "that we care a lot about our teams, but our Spirit Week dress up days really suck. If people actually dressed up we would have a lot

more enthusiasm".  
Celine Erkey '15 considers herself full of school spirit, but recognizes that, as a whole, the school lacks the fundamental spirit that makes students want to



SHANNON DEVENY '14 FOR THE LOOMIS CHAFFEE LOG

take time out of their busy days to catch a home game. "I do spirit and dress up days," she said, but she attends, at most, a few games per year. She thinks that her attitude is one shared by numerous students. "A lot of the kids go to the games and theater performances, and we are all very supportive of each other. I think we could have more spirit though."  
What's the reason for all of our hesitation? Many people have suggested that the reason we aren't cheering is the lack of leadership from our older peers. This year, there has been some significant discussion of Loomis' lack of school spirit and what the students can do to promote cheering and more attendance of athletic games.

Trying to brighten school spirit on the Island, Nana Minder '14 has taken the spirit issue into her own hands by founding the LC Superfan Club, devoted to pumping up students, via facebook, about games, wins, and events on campus. She created the LC Superfan Club with the intention of spreading school spirit and pride so that every Pelican feels proud and supported by their peers when they are performing or playing. Originally, Nana was interested in making a Loomis cheerleading club, but felt that Loomis would not be able to handle a club like that. Instead, she

wanted to start at the root of the problem by bringing the student body together. Nana remembered going to football games in previous years and being embarrassed by the lack of cheering from our side of the field. Telling me about her inspiration for the club, she said, "I wanted to promote my loudness and encourage other people to cheer

also."  
So far the LC Superfan Club has done an extraordinary job, leading the organization of Spirit Week and the Pep Rally. The Superfan Club has also ordered 200 pom-poms and noisemakers to use at future games to urge people to make some noise for our classmates. The club hopes to hoist more white-outs and black-outs for certain games, and wants to introduce new events such as a Game of the Week and a Half-Time show. The tumbling club on campus, Absolute Acro, is currently working on some moves and may begin to perform at future games this year, brightening up the awkward Half Time that pushes students to leave. In the future, Loomis may gradually develop it's own cheer team that would incorporate ideas from both the Superfan Club and the Absolute Acro Club, bringing spirit and cheer to our campus.

It's important for us to as a community to become involved and encourage each other in our activities. LC's lack of spirit is a community-wide problem, and therefore we will each need to commit our time and energy to fix to make sure we all feel adequately supported and proud of what we do as an amazing school, campus, and student body.

BY HANNAH MCCARTHEY POTTER '16  
Staff Writer

This thanksgiving break, while the majority of pelicans are stuffing their faces with turkey and gravy, nine loomis students will be solving the unemployment crises in Europe at Yale's European Union conference in Budapest. All students attending this conference from Loomis are highly experienced Model United Nations Conference attendees who can't wait for the opportunity to see what the Mock European Union will be like abroad. The conference has students participating from all over the world to take part in debates about the European budget crisis, European natural resources, and European immigration. Even though the conference is in Budapest, (if anybody needs a bit of a Geography refresher, Budapest is the capital of Hungary) all debates and forums will be held in English. Junior Olivia Fischer has participated in Model United Nations at Loomis for the past three years, and can't wait for the change of scene in Budapest, "The convention should be quite similar to all of the other Yale conventions we have attended, but the main difference is that this deals with the European Union rather than the United Nations." The Mock United Nations forums that Loomis has attended in the past were focused on worldly issues and many MUNees were assigned a specific committee, similar to the commit-

tees in the actual United Nations. A typical debater would be placed on the general assembly and assigned a country that they would have to advocate for. But, because the conference is the Mock European Union, it does not centralize on committees, instead basing itself more on the Parliamentary systems that represent the different governments throughout Europe. Eager Loomis Students are excited for the opportunity to test their argumentation



Model UN Members Michael Carter '15, Karen Cha '14, & Eliana Zhou '14

and defense skills in a new, foreign environment, surrounded by students from all over the world. At the conference many pelicans will be thrown out of their comfort zone and forced to adapt to new circumstances, a challenge they all look forward to.

MUNees aren't only excited for the learning and disputing opportunities, but for the touring plans Ms. Engleke and Mrs. Matlack have planned for the

trip. Loomis' MUN team will fly into Hungary a few days early to give their Spring Term Finals-drained brains a few days of relaxation, and to allow them a bit of adjustment to their new surroundings and time zone. MUNees will be traveling around Budapest and experiencing the Hungarian culture before and after the conference. Olivia said, "We will be staying at the Corinthia, a hotel located in Budapest, and we will have different excursions

leading up to the conference." Students will have the chance to try traditional Hungarian food, and visit some of the main tourist attractions of Budapest. One night, the LC Pelicans will even have the chance to visit and use a historic Turkish bath. "I think it is going to be a great opportunity for MUN bonding, for me to experience Hungary, and for us all to test our skills in an unfamiliar and new environment," Fischer cheerfully noted. Our Pelicans are anxious, nervous, but incredibly excited to spend their Thanksgiving break touring Budapest while working on their already precise and fine-tuned debating talents. Venturing into a new country, and spreading the intelligence and achievements of Loomis Chaffee, the Model UN students are sure to show the world the immense power, knowledge, and strength of the Island.

# The Myths, Legends, and Truths of Kent Day

BY ERIKA PURDY '15  
Staff Writer

Depending on who tells it, the excitement level of the audience, and the amount of technical difficulties speakers have to go through in order to work the microphone in the first place, the ancient myth of the origins of Kent Day can inspire anything from bloodthirsty patriotism (or school pride-ism) to narcolepsy.

I first heard the story told thus: back in the days of Mr. Batchelder, our school's first headmaster, the Kent football team came to play at Loomis. We lost by a small margin, but as a friendly gesture of sportsmanship, the headmaster's wife, Mrs. Evelyn Batchelder, invited both teams to a formal dinner at her house, complete with fancy silverware and napkin holders. Everything went well at the table, but a few days afterwards, Mrs. Batchelder noticed that one of her silver spoons had gone

missing. Mr. Batchelder, in one of his infamous rages, called up the head coach of Kent's football team and demanded the spoon back. The head coach interrogated all his players, but to no avail; the spoon remained missing. A few years later, the two schools instituted the Spoon (ah yes, the glorious capital letter asserts itself) as a trophy; meaning that whichever team won the football game at the end of the season would keep a replacement piece of silverware. Kent Day slowly came into existence afterwards, and with it the creation of the Bowl, awarded to whichever school that won the

most games overall.

While I'm clearly not as dynamic of a storyteller as Mr. Watson, a former English teacher infamous for his rendition of the Spoon's origin, or Mr. Williams, who instills the fear of God into his freshmen students with a recital of choice Brer Rabbit

sadly not pictured.

Unfortunately, the Spoon is not the only tradition we have left behind. The design of Kent day t-shirts, worn on that day, was left to the senior class. One year's reads Kent Touch This, another Clear Eyes, Full Hearts, Kent Lose, and my personal favorite, Yo, Kent, imma let you finish, but Loomis Chaffee is the greatest school of all time. Another much-anticipated event, the Kent Day banners, has been turned into a less Kent bashing and more mellow form of artistic expression. Each dorm would design and paint their own banner, some (Palmer) with more success than others

(Longman). Anyway, each dorm would hang their banner in front of their building a few days before Kent Day. Several inventive designs have been used over the years, including one designed by Carter that included light-up spoons provided by Mrs. Forrester. Many banners corresponded with events in campus or global life, like references to hurricane Sandy or the infamous 90-degree dance rule last year. The winner of the best banner would be announced at the pep rally. The top three dorms will receive various prizes, but above all the glory of winning is what really matters.

But, I digress. The dorms this year are still making banners and plan to display them, maybe even at the pep rally, but they are, as Kra-

close together. Maybe it was a sense of school spirit, maybe it was being united against a common enemy, and maybe it was both.

Not just Loomis alums and

that the tradition ended," and vigorously agreed with my rather melodramatic classification of the event as the "end of an era". Loomis Day was just as big of an excitement at Kent, so why cancel a ritual that so many people enjoyed?

The problem lies with the division of Loomis and Kent sports teams between different leagues. While Kent Day was still in effect, Kent's various sports competed in two different leagues, making coordination and administrative organization very difficult. Their football team was also on the cusp of



PHOTO COURTESY OF THE LOOMIS CHAFFEE ARCHIVES

vis Prefect Michael Carter '15 calls them, "more pro-

students are disappointed about the discontinuation

ing qualified for a different league. After the 2012 season,

they made the definitive division to switch out of our league—the Founders league. It's all very technical and confusing, kind of like calculus, but Kent was, for once, acting on good intentions.

All things must end. But who knows? Maybe a Hotchkiss kid will make off with one of our iPods and, twenty years from now,

we'll be competing over a silver rendition of Apple's finest. For now, I can only say goodnight, sweet Kent Day, and may flights of pelicans sing thee to thy rest.



PHOTO COURTESY OF THE LOOMIS CHAFFEE ARCHIVES

Loomis than anti-Kent." The banner tradition acts as a bonding experience within each dorm, a key idea that Loomis constantly preaches. In fact, nearly every facet of Kent Day brought students

of the tradition; our Kent counterparts are upset as well. I had the opportunity to talk to a Kent alum, Joseph Lamp, Kent Class of '96 (and also a fellow fac-brat). He was "disappointed to see

## Caffeine: A Friend or Foe?

BY KELSEY DUFFY '15  
Staff Writer

It is 8:10 AM on yet another Tuesday. Upperclassmen day students cruise into the parking lot, scarfing down a bagel or sipping coffee as they park. They have hit the drive-thru at the nearest Dunkin or Starbucks, and now the familiar morning fogginess is starting to wear off. However, there is an interesting phenomena: as students emerge from their cars, they balance trays of two, three, or even four beverages from Dunkin or Starbucks. And no, they are not planning on drinking all that by themselves.

Whether it is in the form of a latte, espresso, or frappuccino, coffee has become the most cherished nectar on campus. Day students pick up coffees for boarders on a daily basis, and this is not just because Dunkin Donuts Pumpkin Spice lattes are absolutely delicious (and only around for one season, unfortunately). The caffeine in coffees and teas has become a lifeline for sleep-deprived students. It is the only way they make it through busy days on a mere six or less hours of sleep.

Loomis students have turned to their faithful friend caffeine, in the form of coffee, energy

drinks, and even pills. With the increased availability of this stimulant, staying awake during a long afternoon double or while cranking out reading assignments barely concerns sleep-deprived pelicans anymore. Due to the difficulty of balancing the demands of classes, athletics, clubs, and other responsibilities, students certainly have a need for their caffeine.

Coffee enthusiast, tri-varsity athlete, and Starbucks Gold Card holder Sierra Semmel ('14) says, "I think that coffee is essential in creativity and energy, and living without it I would be nowhere."

Despite the benefits of caffeine, from its time-saving to drowsiness-reducing benefits, it can be detrimental to teens' health. The average 8oz cup of black coffee contains about 115 mg of caffeine. According to MayoClinic.com, heavy caffeine use is around 500-600 mg of caffeine a day. This being said, a student can consume two to four cups of coffee a day and be considered as a safe consumer. However, consuming over 500 mg of caffeine can cause insomnia, nervousness, fast heartbeat, and even muscle tremors.

Caffeine pills are even easier to consume than coffee. These

pills pack the punch of a cup of coffee into one, tiny tablet that any student can purchase over the counter at our nearby CVS just up the road. Usually containing about 100-250 mg, these pills seem like an easy way to continue your dreaded United States History reading past midnight. But their deceptively small size puts consumers at risk of overdosing, which can cause serious long and short-term health problems.

Perhaps the most common side effect for any caffeine consumer are dependence and withdrawal symptoms. While all Loomis students are familiar with the rush of relief when breaks begin, most students leave exam periods mentally and physically exhausted. One anonymous Junior says, "Even when we don't have school on breaks, I get headaches in the mornings if I haven't had coffee."

While caffeine gives us energy to stay past bedtime, it leads to later mornings and as a result, the human body becomes accustomed to the consumption of this stimulant. When an occasional cup of coffee in the dining hall at breakfast turns into a daily routine, the body gets used to this cycle. When not consumed,

headaches, muscle aches, and lethargy occur. But the worst is yet to come. When caffeine starts to be used as a substitute for sleep, things begin to get

sampled the new brand of coffee the dining hall will now carry. This received rave reviews from many. The dining hall was its usual hustling scene, but on this day it was speckled with numerous students, staff, and faculty sampling the new coffee. Not only does the snug carry regular coffee, cappuccinos, iced coffee, and bottled Starbucks drinks, but our dining hall also appears to be moving towards a more upscale selection.

Many health experts will say great dangers lie in the corner of the dining hall where the coffee is situated. Plain black coffee contains almost no calories, but plenty of caffeine. Although very few high school students find themselves drinking plain black coffee, they sure use cream, milk,



NATHA SINGHASANEH '14 FOR THE LOG

dangerous.

The dining hall staff has most definitely picked up on students' high caffeine consumption. On November 6, students

## Loomis Chaffee Log

FOUNDED 1915

### ABOUT

The Loomis Chaffee Log is Loomis Chaffee's official student newspaper. We can be found online at [www.loomischaffee.org/log](http://www.loomischaffee.org/log) and we can be contacted via email at [log@loomis.org](mailto:log@loomis.org). Letters to the editor and op-ed piece submissions are welcomed via email. The Log reserves the right to edit all letters and pieces for brevity and content. The views expressed in the Log do not necessarily reflect those of The Loomis Chaffee School. Unsigned editorials represent the collective views of the Editorial Board.

### ADVERTISING

Advertising rates can be found at [www.lclog.org/advertising](http://www.lclog.org/advertising). To advertise in the Log, please contact the Business Managers listed to the right.

Published by the Loomis Chaffee School, Windsor, CT.

JUWON JUN '14 *Editor in Chief*  
 KAREN CHA '14 AND HARRIET CHO '14 *Managing Editors*  
 SHANNON DEVENEY '14 *Director of Design*    MARCO RODARTE *Faculty Adviser*

FRED MUN '14 AND JOHN KIM '15 *News Section*  
 QUINN SCHOEN '14 AND ELIANA ZHOU '14 *Features Section*  
 CLAIRE KIM '14 AND BOBBY TURNER '14 *Opinion Section*  
 ALEXANDRA SMITH '14 AND MADISON PETERSON-PORTA '15 *Sports Section*  
 CAROLINE WATTLES '14 AND MICHAEL CARTER '15 *Writer's Melange*

LAURA PADDOCK '14, SARA GERSHMAN '14, MERCE VILLAREAL '14,  
 NATHA SINGHASANEH '14, JULIA SONG '15 *Graphics & Photo Editors*  
 MAISIE CAMPBELL '15 AND KRYSTAL SUNG '15 *Web Site*

JOHN FUNDOCK '14 AND PAUL NGUYEN '14 *Business Managers*

STAFF WRITERS *Jean Lee '15, Michelle Choi '16, Aurelie Liu '16, Natasia Nabila '16, Sam Cox '16, Stephanie Yiu '14, Kelsey Duffy '15, Erika Purdy '15, Hannah McCarthy Potter '16, Lauren Rubino '14, Isabella Epstein '16, Emilie Szmraj '16*

CONTRIBUTORS *Kevin Jung '17, Maddie Brown '15, Phuong Bui '17*

## OP-ED

KAREN CHA '14 AND KEVIN JUNG '17

# A Weekend in Retrospect: Parents, Pressure, and Plot-Twists

*Continued From Page 1*

friends' faces as I told them that yes, I had two mothers, and if they had a problem with that, they could stop talking to me, there were more serious cases that probably did not end with a good laugh. Especially when stereotypes enter the conversation, I have a problem. Race is not a strong enough factor to declare that one person may be related to another. My personal favorite is the classic, "I didn't know you were adopted!" case. Furthermore, an international parent should never, and I mean never, be teased for their imperfect English. Along with ethnicity, socioeconomic class should not be a hot topic during Parents' Weekend. One cannot infer the annual income of a family upon assessing the amount of designer brands a parent is wearing. In terms of fact, the only thing "loaded" is the mouth of anyone willing to talk money in the presence of their peer's parents. Upon analyzing the faces of the parents to their child, the plastic surgery assumption is also probably not the best way to show Pelican respect, or to make new friends, for that matter.

Allow me to amend my previous statement: I do not love the assumptions. There is the occasional breath of hilarity, a memorable anecdote to tell the children when the parents have become grandparents, but for the most part, I do not love the assumptions. As a community, we owe greater responsibility unto each other to respect privacy and to withhold judgment. As an intellectual community, I agree that we should stimulate curiosity, but there is a time and a place for quenching the thirst for knowledge. It takes discipline and decorum, qualities every Loomis student should have, to recognize when is not this time.

At the end of the day, (or rather,

days, according to recent adjustments for the academic schedule to span two days) I was thankful to have my mother around. I have the unusually lucky position of having

I would say the off-campus meals and catch-up day are plenty to de-stress. In your extra time, don't forget to remind your mother that you love her no matter the fact that

ence the unique education style of Loomis Chaffee by attending their child's classes. Having a sister in the senior class who also attends Loomis, my parents had already

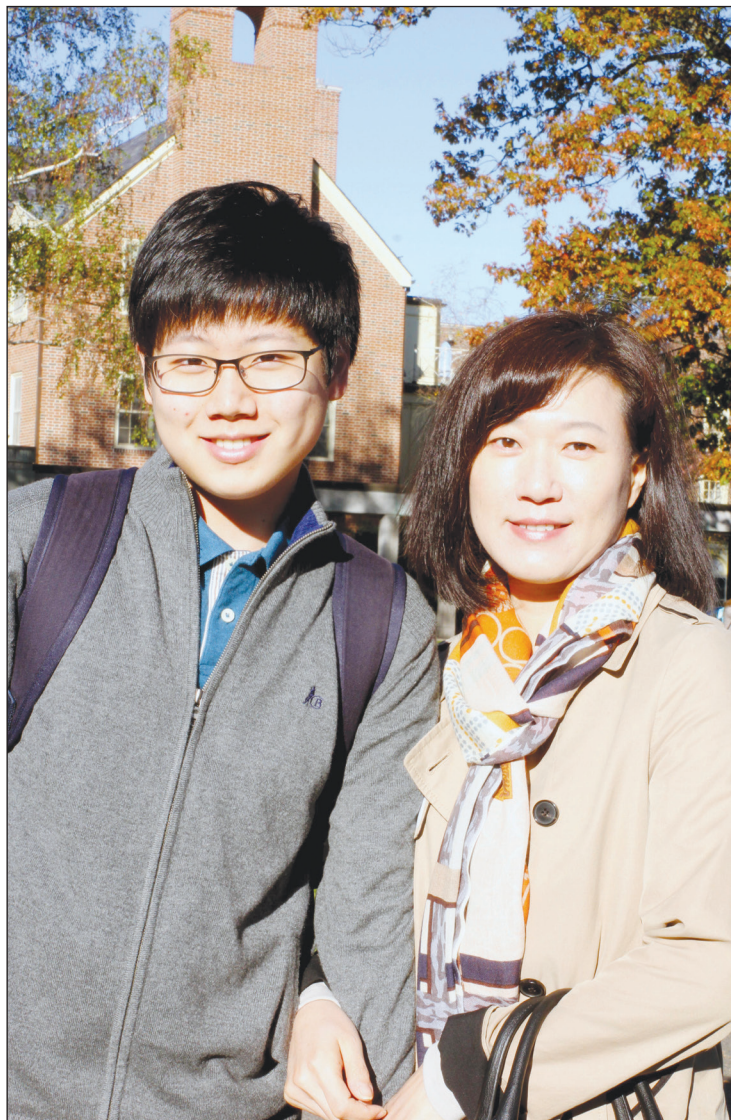
class during the designated time period that the school has chosen for them, and the single class period was usually extended about 5 or 10 minutes longer. They didn't

end didn't feel too overwhelming, but I was certainly more on edge than usual. I remember my first class: math. It didn't help that I forgot my calculator, which only added to my anxiety, despite the fact that it was, in reality, no big deal. I had yet another point of momentary nervousness during the concert band, where we had to practice for the Parents' Weekend concert. During the practice, several parents, including my own, were staring at our flute section, and upon feeling an abrupt onset of anxiety, I made some minor and unnoticeable mistakes when playing the notes. In any case, whether minor or not, I felt the need to perform my very best in front of not only my parents, but my friend's parents. After the class, my mother said, "I saw your hands moving with great skill and speed. But I'm not sure they were accurate." However, after the first class, I gained some confidence. I showed my great ability as a scholar, impressing many parents and students during the official Parents' Weekend concert.

Overall, I believe Parents' Weekend was a great experience. This was my first parents' weekend in my first American boarding school, which was both an exciting and refreshing change from my old school. I enjoyed meeting my friends' (including my crush's) parents. It was a diverse mix of people, which I believe is certainly one of the best aspects of Loomis Chaffee. I loved the fact that my parents were finally seeing the hard work I put in in the classroom, rather than simply judging my abilities by the grade they see on Veracross. I still have that urge to go out and prove myself in front of an audience, and I really look forward to having another great Parents Weekend next year.



Isaac Guzman '17 and Mrs. Guzman



Jaewon Kim '14 and Mrs. Kim

LAURA PADDOCK '14 FOR THE LOOMIS CHAFFEE LOG

half my family on campus already, but alas, Kevin cannot drive, give me "girl talks", or ever seem to remember my Starbucks order. Parent's Weekend is an opportunity to deflate the impending cloud of madness, and I encourage the non-seniors to exactly that next year. As stressful as it may have been with Mom holding the English translation of the Latin text you were struggling to comprehend,

she raised her hand in your math class, showed your English teacher baby photos, and is rumored to be married to a 27 year-old woman.

### Kevin Jung '17

About two weeks ago, the parents of Loomis Chaffee students were invited to observe their kids' academic, athletic, and dorm lives. Many parents had a chance to experi-

gone through the routine of Parents' Weekend several times, but it was still an exciting and unique experience for both my parents and myself.

Loomis employs a very different Parents' Weekend schedule compared to my previous school. At my old school, parents were invited to visit on weekdays and observe how the children perform in class. Parents only visited a certain

have any opportunities to see any of their child's other classes. However, at Loomis Chaffee, everything was different, and it gave parents ample time to truly see their children in academic action, in the classroom or on the stage. This made me realize the importance Loomis places on showing parents how hard these students work, and it certainly motivated me to strive for my best.

For me, the first parents week-

JEAN LEE '15

# A Word of Advice to the Little Pelicans

## An LC Veteran Offers Tips on How to Prepare for Fall Exams

There are only two weeks of fall term left; we are running toward the end of two months that have been the most stressful for a lot of people. Some of you have just settled into Loomis and are still trying to figure out how to manage school work and keep a social life at the same time. Some of you are returning to Loomis, only to find out that the workload has increased significantly compared to last year. Some of you just miss home terribly or want to cry over the first B-grade you have to accept. The workload seemingly doubles as every year passes at Loomis; however, everything is perfectly manageable if you know how to use the 24 hours per day, 7 days per week that you are given to fit all your activities in. Having been through two years of Loomis and one-third of

my way into the notoriously feared junior year, here are a few advices on how to study for the exams:

### 1. Plan ahead.

Don't wait until the day before exams to start preparing for them; devise a plan on what to study and when. Make the tasks to be completed as specific as possible; set up an appointment with yourself. It is harder to procrastinate if you set yourself a certain time period to complete a task. Also, planning earlier prevents panic from realizing how little time you actually have to prepare.

### 2. Stay healthy.

Get lots of sleep, eat healthy foods, and exercise. Do not keep yourself awake through coffee and energy drinks, because running on

substances is unhealthy as well as inefficient. Although you are physically awake and do not feel as sleepy, your brain needs to rest and cannot function without enough refreshment. Maintaining a healthy lifestyle helps you focus better and get the work done quicker. Eating real food – fresh fruits, vegetables, meat, carbohydrates – provides great fuel for the brain, more energy than a Hershey bar or a Frappuccino ever has to offer.

### 3. Use your resources.

Firstly, solve the review packets handed out in class. You may discover a confusing concept you previously thought you understood, and the problem sets serve as the greatest practice tests. It also helps to study with your classmates, but not ones who are close friends with

you and may serve as distractions. Lastly, go to the review sessions your teachers offer you. After all, your teachers are the ones who write your finals. What can be a better resource for finals than the writer of the test? Do not be afraid to ask your teacher to meet with you personally and go over any questions or vague concepts you did not understand in class. Remember that your teachers want to help you and set you up for success in their classes.

### 4. Make the best of your "nugget time"

The awkward period of time that is too short to get a good load of work done must not be wasted. Whether it is the thirty-minute gap periods, second half of the double you got out of early, or time between dinner and study hall (if you are a

boarder), the little blocks of time accumulate to become a significant amount you have squandered when you could have had another hour of sleep.

### 5. Frontload the day.

Even if you are not a morning person, getting to bed sooner and waking up earlier in the morning helps you get work done the most efficiently. For those who are not early risers, this may be hard at first; however, forming the habit saves a lot of time. You are less prone to distraction in the morning; nobody gets up at six o'clock to watch TV, while many people tend to stay up late watching their favorite shows. In addition, knowing that the day's obligations start in a few hours brings more urgency than knowing that you have the whole night to

read a few chapters of *The Grapes of Wrath*.

### 6. Relax.

Not even the most motivated and focused people can keep working hard without resting. Think of an activity that relieves your stress: exercising, playing an instrument, reading a book, taking a nap, hanging out with friends, etc. The need to de-stress is another reason to plan ahead for exams; you get the room to breathe and get refreshed. This advice applies especially before the exam day. Do not worry about how prepared you feel, or how well you have to perform to achieve your goal grade. Take a deep breath, relax, and use everything you know on the exam.

## OP-ED

NATASIA NABILA '16

## Mama Earth and LC

With all the fuss about changing our ways of living to reverse the current climate crisis and the environmental facts we have been exposed to through our theme this year, what exactly are the responses of our community? Do discussions about climate change petrify us, or do we simply leave our sense of guilt behind in the Olcott gym and return to our daily routines? Do we comprehend the devastating impacts we have on the environment, how it changes for the worse, and how it negatively affects us?

Most high school students are ignorant to one-degree change in global temperature, effect of rapidly melting glaciers, and thirsty children in areas prone to drought. But because we are not the quintessential high school students, we have been educated on these great misfortunes. Unfortunately, at times even we find ourselves contributing to this ceaseless emission of carbon footprints. After all, it is inevitable that we will travel in cars, planes, or ships. We are bound to use paper, wood, coal, and other natural resources in some way or another to carry out our daily activities. So we find ourselves helplessly winding back to the same question: Can we really do anything to a society that is already so industrialized and environmentally corrupted?

"We can come together with other individuals," said Bill McKibben, an esteemed environmentalist and a graduate from Harvard University, and a figure whom LC students are already well acquainted with via reading his book and inviting him as a guest speaker for a recent convocation. He emphasized the significance of changing as a whole; not just as individuals, but as units of determined students. And in fact, that is exactly what we are currently doing.

With this in mind, we have a multitude of projects and pro-

grams dedicated to this cause. Loomis has a committee made up of sedulous students, the environmental proctors, who advocate for environmental reforms in LC. Keara Jenkins, a head E-proctor, has created a Loomis sustainability blog entitled "LC Green". Believing that it is difficult for students to envision a concept that we do not completely comprehend, she bridges the gap between students and their bewilderment by writing about ways to rectify the climate problem in laymen terms.

In a similar fashion, she pioneered a statistical project of water surveys with Loomis students who take Statistics classes. As a group, they will use mathematical theorems to estimate how many students can actually differentiate tap water from bottled water. Hoping to promote the consumption of tap water and the reduction of plastic bottles, this team will be cultivating novel ideas to help us revamp our habits. Since the production of plastic bottles by large corporations like Nestle and Coca-Cola have privatized water sources, people of the local area are ultimately deprived of readily available water. Therefore, it is crucial to curtail the purchase of the unnecessary bottled waters to ensure the liberties of these citizens. Likewise, in an effort to amend our reckless ways of living, we plan to lower carbon footprint emissions by using food sources that are easily accessible to us. Our last family style dinner is a "farm to table" family style, where all the food were either locally grown or certified organic products. It is not only a more environmentally friendly dinner, but also a meal better for our health.

E-proctors not only improve the sustainability programs in our local community, but they also aim to step out of the insularity that permeates society today. A 20-20 project starts this fall; it is a hallmark of interna-

tional collaboration between LC and the Sanskriti School in Delhi, India. Both schools are genuine about seeking progress in our own respective communities. During a community service trip last March, LC students visited the Sanskriti School. Likewise, their students also came to visit us last spring and even attended family style, and this relationship will be brought to further heights when they hold Skype conferences and write online blogs to discuss about the recently tabulated results from their survey of water qualities in different regions of America.

Because many LC students are unaware of these initiatives, they quickly surmised that LC is not making substantial changes. But their conjecture is understandable because this eagerness to refine our community to be better suited for the deteriorating environment is mostly unpublicized. The E-proctors undoubtedly do an exemplary job in keeping up with our goals, but they lack the overall engagement and involvement of the student body.

Nevertheless, no one will deny that we are interdependent in a biosphere and that we rely on each other to survive. Although we do not feel like global warming is affecting us much currently, we cannot forget about the sinking islands, changing food chains, endangered animals and every other species that cohabits with us. Thankfully, the polling data shows that 74% of Americans understand that the climate is changing, so we are beginning to get somewhere. Now we just need to find a way out of this detrimental predisposition.

"The end of the world is the end of the world. And that's what we're fighting against," reiterated Bill McKibben. Although these daunting words may or may not have echoed the ears of students, it's vital that we keep a keen watch for how our actions affect the environment.



Bill McKibben talks to students at a recent convocation

SARA GERSHMAN '14 FOR THE LOOMIS CHAFFEE LOG

CLAIRE KIM '14

## Cell Phones: A Poison to Our Generation

For the majority of us, unfortunately, cell phones have become an extra appendage to our bodies; we relentlessly check e-mails, listen to music, watch movies and TV, play games, call, text, all on our cell phones. How much do cell phones occupy our lives? Are we in control of this habit? Or have we already lost control? Without a doubt, cell phones have irrevocably changed the modern world, and one can easily witness humans' powerlessness before the manipulation of these ubiquitous machines on a daily basis.

Cell phones caused problems in modern day interpersonal relationships; cell phones have infiltrated personal lives. According to the researches of Erik Fransen, a researcher out of Stockholm's KTH Royal Institute of Technology, working memory, aka. short-term memory, can only carry up to four things, and when we add a ding of a new text of a Facebook

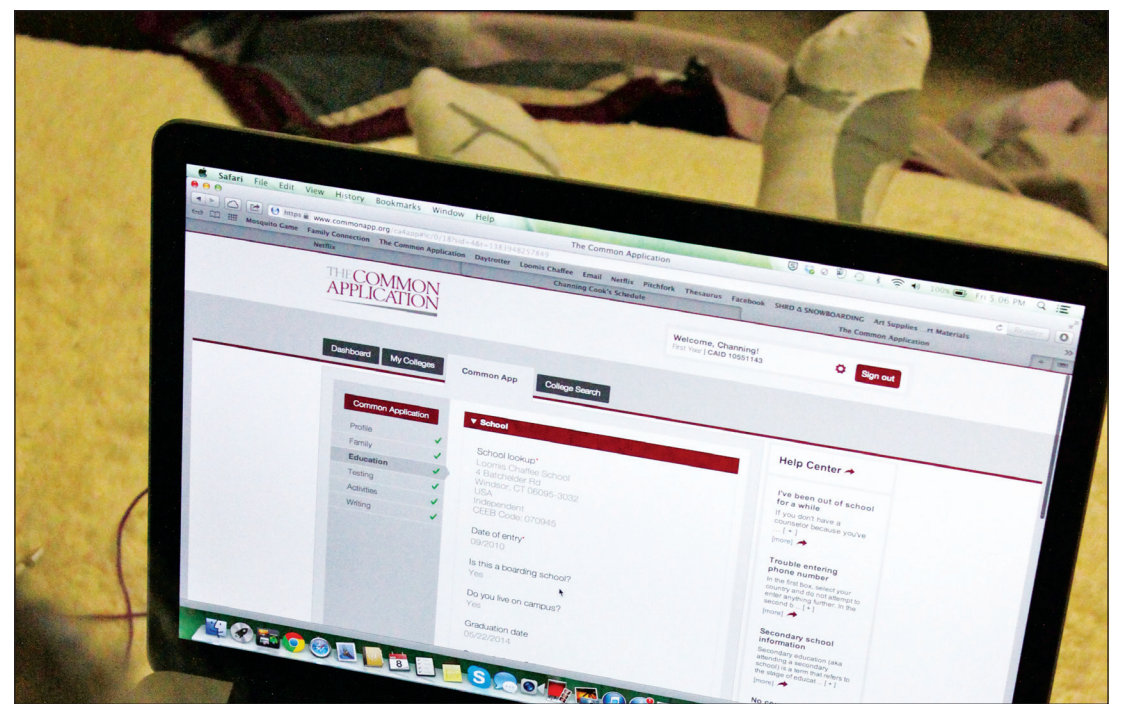
notice on our phones, our ability to properly process information in interpersonal conversations is compromised, hindering effective, respectable, undistracted face-to-face conversations among families, friends, and coworkers. Besides, aren't most of our current communications forms of technology anyway, whether they be e-mails, texts, or phone calls?

Modern world and its vast advancement in technology have led young citizens, the era's teenagers to grow in the midst of the technological revolution, and not surprisingly, 42% of teens report that they can text on their cell phones blindfolded, highlighting how the era's young generations have been inevitably shaped by technology, by the social norms revolving around using cell phones. On a more clearly detrimental level, using a cell phone while driving has been a serious problem in the modern world. According to the National Highway Traffic Safety Association,

using a cell phone while driving multiplies the risk of crashing by a factor of four, making the practice as fatal as driving with a blood-alcohol concentration of 0.08, the legal limit under drunk-driving laws. Texting while on the road amplifies the risk as much as 23 times. 41 states and the District of Columbia have a ban on texting while driving, according to a survey released by the Governors Highway Safety Association. A total of 47 states report enforcement protocol and public effort aimed at limiting cell phone use on the road. Despite the higher legislative and educational pressure, people have remained stubbornly unwilling to put down their cell phones on the road. According to the Governors Highway Safety Association's study, 15 states have increased number of distracted driving crashes, 11 with decreased number, and 16 with the same rate of crashes. For most, the temptation to look away from the road and focus on a screen is invincible.

LAUREN RUBINO '14

## Senior Fall: Bird Calls and All



MERCÉ VILLARREAL '14 FOR THE LOOMIS CHAFFEE LOG

When students hear the terms "senior year" or "colleges", many have panic attacks. The college process can be scary, and when applications are released, adulthood starts punching you in the gut to cut short childish fantasies, waking you up from your dreams. Describing how he feels about the process, Sam Verney '14 says, "It's pretty mediocre. There's a certain arbitrariness to it that just makes it sometimes seem hopeless."

Yusuf Alnawakththa '14, on the other hand, believes that people are making it sound more stressful than it actually is. Alumnus Purven Parikh '13 claims that anyone who says it isn't stressful is lying. It all depends on how you tackle the applications and how you deal with stress. It seems that freshman and sophomore years flew by and now you have to start worrying about your grades, get involved in extracurricular activities, and decide what you want to do in life and at what college. It seems as though the transition from sophomore year to junior year can be tough, going from - at least for most people - taking only four academic courses to taking five, and on top of that, scheduling and preparing for SAT and ACT tests. Sometimes you may want to crawl into a corner and pretend to be soundly nestled in the innocent promise and protection of childhood again. I have seen it happen, and honestly I wish I was a kid again.

Nevertheless, we are getting older, and we need to face reality. I started taking SATs and ACTs last winter, and I have taken them more than your average senior. Altogether, I have spent at least an entire 24-hour period taking those tests. In my experience, some students are dismissed for cheating, some test centers have annoyingly small desks, and some strange birds have really loud caws. Nothing worries students more than doing poorly on a test that supposedly determines their future. Honestly, a mediocre score is not the end of the world.

There are more important things that colleges look at than the question you missed because of a stupid bird call.

I started looking at college applications on August 1st, and started writing drafts the next week. I cannot count the drafts of essays I have exterminated on my laptop, deeming them unworthy of admission officer eyes. It was just my luck that I decided to apply to colleges with unconventional essay prompts. The goal of the college essay prompt is to reveal the applicant's mode of thinking, and my essay about mantis shrimps made me do exactly that, plunging my mind into both scholarly research and existential crises. I managed to finish, but only after failing a couple times. There have been times when I broke down and wanted to give up on college, but my the battle hymns of my tiger parents would not succumb to my pleas. In retrospect, my advice is this: do not think about the essays too much. Have fun with them. This is not your typical analytical essay about the Scarlet Letter or Hamlet. This is an essay that you should enjoy writing, whether it is telling your favorite college why you want desperately to go there, or explaining your favorite joke without ruining the punch line. College is supposed to be another experience that may or may not be different than Loomis, and it should be something you will want and enjoy. Just look forward to finishing those short essays, and you will have a lot more than a stuffed stomach to be grateful for Thanksgiving break.

My family does not see value in college tours, so while I have attended few, I would strongly advise juniors to visit their potential colleges. Not only do visits give you an opportunity to think of reasons to answer the "why this college" essay prompt, but also let you imagine your life on that campus. In my few tours, I have seen things that I absolutely loved, as well as aspects I completely hated about certain schools. On

the other hand, I have attended several informational sessions, but going to the actual campus is more helpful. Hint: some schools track interest, and showing dedication to and curiosity in a school by visiting it can help you.

Then comes the deadline. One may often determine the deadline date of a college by measuring the depth of the dark circles under applicants' eyes, as well as an increasing frequency of mental meltdowns. At one point, I was even advised to apply early to a school a week before its deadline. I had to worry about sending in my scores on time, writing the supplements, all the while preparing for tests and other assessments. I ended up getting five hours of sleep every night that week, and the worst part was that I rushed myself, leaving a word out of my supplement essay. I was so tired that I read over the sentence and did not even realize there was a word missing. Everyone warns the students to proof-read their essays for mistakes, and I just made one. That moment will haunt me forever, but all I can do is try to make sure it does not happen again. I've been angry at myself for trying to do things last minute, so here's my advice: figure out what you want to do in advance and try having someone read your essay before you send it in. This is a time to put the procrastination aside.

So is the college process as bad as everyone makes it seem? Maybe. It depends on what your outlook is and what you do to prepare for applications, interviews, and those standardized tests. And to be honest, sometimes obstacles will appear that you could not possibly have accounted for, despite hours of preparation (I'm looking at you, bird). However, there are ways you can help prevent being too stressed out. Once you get through your testing and early applications, the work load will ease up. Trust me. I should know.

face. However, nobody noticed, to his entertainment, until a shot was taken to the back of a 20-year-old university student named Justin Valdez and killed him. Valdez lost his life because cell phones took away the attention of all those on board, took away his chance to be saved.

Cell phones have even become a direct motive to kill. When Hwangbum Yang, a 26-year-old Korean immigrant and aspiring chef finished his work in a restaurant in Manhattan and was walking home in the rain, he did not know that he was going to be killed, two blocks away from his house, by a robber who demanded Yang to give up his iPhone and shot him in the chest and killed him when Yang refused. His iPhone was found by the police for sale on Craigslist for \$400. Alex Herald was on his way back home to the Bronx with his friends and found that his iPhone was missing from his pocket after a quick nap on the train, that a man with a knife

in his hand was holding his phone in the other hand. When Alex confronted the man and demanded his phone, he was stabbed five times in the face, once in the neck and once in the back, according to a police report. He had to receive eight blood transfusions, and one stab wound has severed a nerve in his spinal cord, paralyzing him for life from the neck down.

Are cell phones dehumanizing and mutating us into slaves of the technology? Probably. But are we, as potent humans and creators of technology, capable of controlling ourselves and leading a balanced life without completely giving into the convenience and manipulation of these machines? Yes.

Could we act and change for the better? Hopefully.

*Editor's Note: This editorial was originally submitted as an assignment for Mr. Henderson's Jurisprudence class.*

## Field Hockey Takes Down Hotchkiss For Historic Win

BY ALEXANDRA SMITH '14  
Sports Editor

On Wednesday, November 6th LC Varsity field hockey beat an undefeated Hotchkiss for the first time in the history of the field hockey program. This was only the Bearcats' fifth loss in the past ten years and for LC's seniors, beating such a strong team in their final home game ever was an unbelievable feat.

"It was our last home game and senior day, but we were just focused on beating Hotchkiss and it was the perfect way to end our season" says senior, Charlotte Blumenthal. "It was easily the toughest but most exciting Loomis field hockey game that I have ever played in."

Fellow senior Lily Rosenberg agrees, "It felt good knowing that we made history when we beat Hotchkiss. It was a very special senior day, a day that I will always remember."

With goals scored by freshman Grace Usilton and junior captain Sierra Semmel, along

with an amazing effort put forth by the entire team, LC was able to defeat the Bearcats 3-2.

Coach Bobbi Moran also rejoiced in her team's win. "I was incredibly proud of the way the girls all played as a unit today," Moran said after the game. "This was truly a team effort with everyone stepping up and playing the way we have been practicing all week long. I couldn't be more happy for the girls, especially our seniors."

And for many girls on the team, the win was made even more special by getting messages of congratulations from LC field hockey alumnae like Cally Moran '12 and Leah Zavalick '13.

"It is so great to hear from our alumnae," Coach Moran noted. "It means a great deal to the girls that even after all these years our field hockey family is still intact and following our progress."

All of us here at the LOG want to wish the team a huge congratulations for their incredible win! You girls rock!



Julia Crerend '14

PHOTO COURTESY OF BEN ROSENBERG

## Geoffrey Mutai: The World's Fastest Marathon Runner

BY MADISON PETERSON-PORTA '15  
Sports Editor

Crowds flocked to the sidewalks of New York City on Sunday, November 3rd, to celebrate the return of the ING New York City Marathon. NYC's coveted marathon is held annually on the first Sunday in November; however, last year's race was cancelled due to the massive destruction caused by Superstorm Sandy. The running of this year's NYC Marathon paid tribute to the victims and heroes from last year's storm, as well as to the people affected by last April's bombings at the Boston Marathon.

The 2013 NYC Marathon proved to be a successful race for Kenyan runners. Priscah Jeptoo came in first place for women with a time of 2:25:07 and Geoffrey Mutai won the men's race for the second time with an final time of 2:08:24, which was close to his previous record breaking time of 2:05:06.

Geoffrey Mutai is regarded as the fastest marathon runner in history. Not only has he won the New York City marathon twice and set a new course record in 2011, but he also won the Boston Marathon last April with an unofficial world record time of 2:03:02.

Hailing from the Koibatek region of Kenya, Mutai started running at the age of twelve while still in primary school. And from then on, he could not go a day without running. He has repeatedly said, "Running is in my blood."

At the age of 18, Mutai ran the 3000m steeplechase event and qualified for the 2002 Junior World Championships, but was barred from participating by the Kenyan Government due to his lack of a recognized birth certificate.

A few months later, after hurting his Achilles tendon, Mutai decided to give up running and focus on finding a steady paying job. But at the age of 23, he lost his job and went back to running professionally with an athletic club in Eldoret, a club that he is still a member of today.

After running the Killiman-

jaro half marathon and the Monte Carlo Marathon for the Eldoret Club, Mutai drew international attention with his first place victory time of 59:43 in the Ras Al Khaimah Half Marathon. This international attention brought him into contact with his now manager Gerard van de Veen, who eventually helped him race in the New York City Marathon in 2011 and 2013 and the Boston Marathon in 2010 and 2013.

Despite the fact that Geoffrey Mutai competes on the international level, he still thoroughly enjoys running in national Kenyan

*Bread and Butter Training Program*

**Monday**

A.M. 2 HR easy run (6:30-8 min./mile)

P.M. 1 HR. easy run (6:30-8 min./mile)

**Tuesday**

A.M. 50 min. run (8 min. miles)

P.M. Speed Workout:

30 min. warm-up

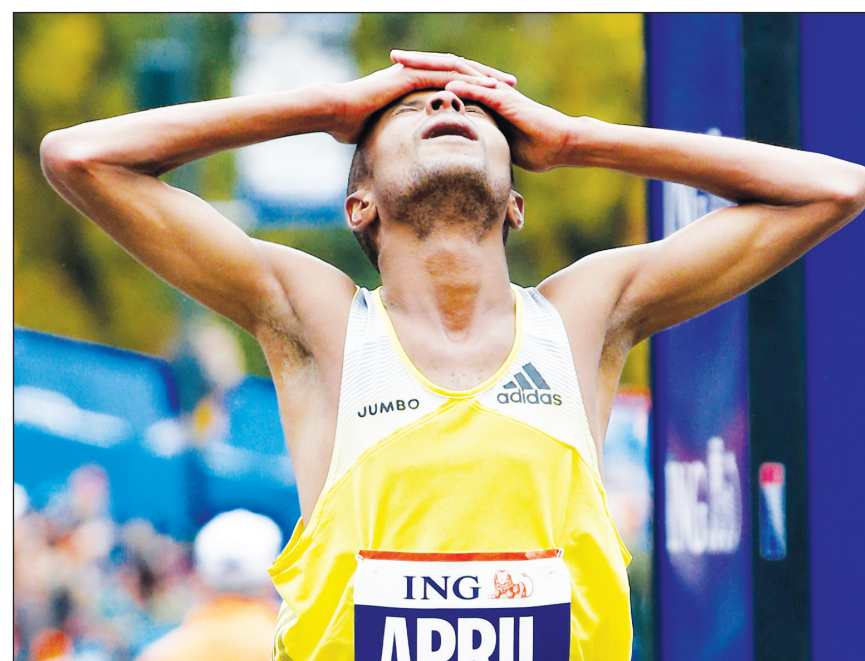
12x1km intervals (4:50/mile)

w/ 1 min. rec.

**Wednesday**

A.M. 1Hr 50min. run (8min. miles)

P.M. 2 HR easy run (8min. miles)



A runner completes the NYC Marathon

PHOTO COURTESY OF AP IMAGES

aces at home.

"Participating in local races have made me, and now give me a good build up for international races" he says.

He explains that he likes to run in his home country not necessarily to win races, but to encourage younger runners to aim higher when competing. He hopes to inspire these young athletes by running alongside them in their races.

Surprisingly, Mutai is a self-coached runner, which is quite astonishing for someone with his long list of accomplishments. He uses a flexible training program that can be applied to many different distances. Using his self-named 'bread and butter' training program, Mutai covers on an average 128 miles per week. Here is an example of Mutai's training regimen:

miles)

**Thursday**

A.M. 25 mile run (7:15 min. miles speeding up to 5:35 min. miles)

**Friday**

A.M. 1Hr 50min. run (8min. miles)

P.M. 2 HR easy run (8min. miles)

**Saturday**

A.M. Speed Workout:

30 min. warm-up

20x2min. intervals @ 5 min. mile with 1 min. rec.

30 min. cooldown

**Sunday**

Rest

Many marathon runners are shocked when they hear how low his key mileage is and are especially surprised by the lack of hills he incorporates into his training

program.

For those skeptics out there who criticize his training regimen, they forget that mileage and stamina are the most important factors in marathon running. They also forget that Kenya is an extremely hilly country, and so even when the runners do speed work, they are running at least 7000ft hills.

Though Mutai developed his training regiment himself, he does not alone. He is a permanent member of a group of world class runners including such men as: William Kipsang, the Rotterdam Marathon winner in 2008, Robert

Kiprono Cheruiyot, winner of the 2008 Frankfurt Marathon and the 2010 Boston Marathon, and David Barmasai, winner of the Dubai marathon in 2011. These men push each other to run incredibly long distances. In some cases, 149 miles a week, which is 21 more miles than Mutai would run on his own.

Though primarily a marathon runner, Mutai has also ran top-class performances in cross-country and on

the track. Last year, he finished second in the Kenyan Championships 10,000m race, running an impressive time of 27:27:59.

Over the past 9 years, Geoffrey Mutai has made astonishing progress in his marathon performances and has proved himself quite the capable marathon runner by doping his first marathon time from 2:12:40 in 2008's Monte Carlo race to his 2011 Boston Marathon time of 2:03:02. For every race that Mutai wins, his prize money goes to helping his extended family by paying for the costs of their education.

Even though he has already accomplished so much in his nine year competitive running career, it is safe to say that he will continue to astound the world with more incredible running accomplishments. Keep running Geoffrey!

## LC Community Slowly Adapts to the Loss of the "Spoon Game"

Continued From Page 1

In 2009, the athletic department and football coaches at Loomis decided to switch our athletic program from the Erickson League to the New England Class A Independent League, a league that Kent is not a part of.

freshman are upset about this change.

Deborah Feifer, class of 2017, sighed, "I wish I had had the chance to experience Kent Day and the football game for myself."

However, the LC Superfans Club, is determined to prove that the end of the LC spoon game does not put an end to LC school spirit.

**"I WISH I HAD A CHANCE TO EXPERIENCE KENT DAY AND THE FOOTBALL GAME FOR MYSELF"**  
-DEBORAH FEIFER '17

In the New England Class A Independent League, the Pelican football team can have eight Post Graduates playing, whereas the Erickson League only allows four PGs per season. This switch did not stop the LC vs. Kent football tradition from continuing right away, however. Remaining in the Erickson League, Kent School has been restricted to playing only one game a season against a team outside the league. In order to carry on the tradition, Kent chose Loomis as their one "non-league" team.

But for the 2013 season, Kent's coaches and athletic department made the shocking decision to play Phillips Andover instead of LC., Herein marking the end of the annual spoon game.

The whole school took Kent's choice as a personal blow, even

So, where does this leave Kent Day? The question that has been travelling through the hallways, and sports fields here on the Island. Will we still have a Kent Day? Are dorms still making posters? Why would we have a pep rally?

According to Nana Minder, president of the LC Superfans Club, Spirit day was created to celebrate the end fall sports despite the fact that all teams no longer play a specific school.

Sports such as soccer and field hockey will still compete with Kent School for the bowl. Other teams, such as volleyball, cross-country and football will play various schools in some of their last fall competitions.

Is the spirit for the day still here? According to sophomore Margaret Stover, it is now more than ever,

"This fall, the spirit definitely feels more positive and pro-Loomis than anti-Kent. The community still came together, but now in an encouraging and optimistic manner, which is nice."

Twins were spotted throughout campus on Tuesday morning, nerds navigated the halls Wednesday and classes came together Thursday for spirit week. And by Friday, everyone on the Island rocked his or her favorite Loomis apparel.

So although it may be for different reasons, school spirit at LC seems here to stay. T-shirts, now bearing the name Loomis with no slogan dising Kent, remained just as popular, if not more, this year compared to last. Is it possible to say no to Nana in the dining hall lobby? I think not.

She notes that, "Although Saturday did not feel the same, seeing people still dress up for Spirit week and excited for the pep rally proves that our school spirit cannot be stifled."

Some may wonder the point of a pep rally if there is no spoon story to tell, or lion mascot to tackle.

According to Nana, Friday night served as a great excitement here on campus. Teams introduced themselves, and then performed team dances, cheers and twitter fests. Having prepared the past couple of weeks, student dancers also took the stage Friday Night.

Anita and her camera shuffled through the courts, meadows and cross-country course throughout the entire week, filming sports

teams for the movie that was shown on Friday.

And, forget that old Spoon story, the new story that was revealed in Olcott on Friday puts the old silverware tale to shame.

Nana sums up the night as one that enhanced "school pride in general. The new poem and pep rally signified an end to the fall sports season."

And the fac brats did return to throw candy at us students again.

Traditions change, sometimes for the better. Although many were



An LC Player avoids a tackle from an Exeter defender

SHANNON DEVERNEY '14 FOR THE LOOMIS CHAFFEE LOG